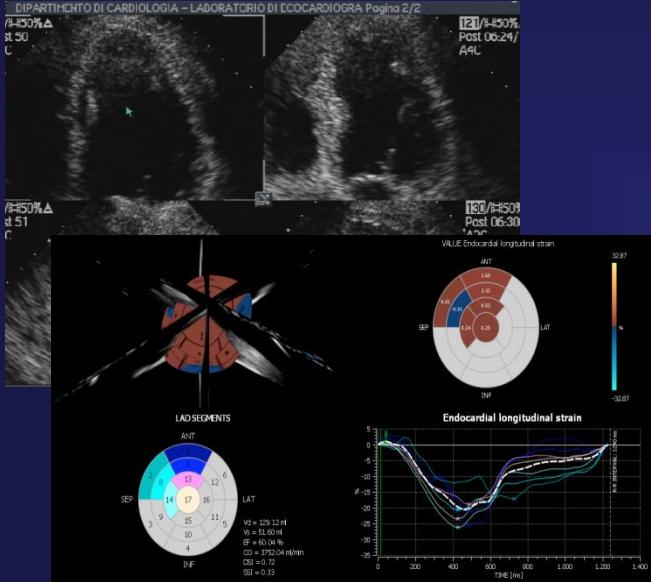


CAMPUS CUORE 14 APRILE 2023

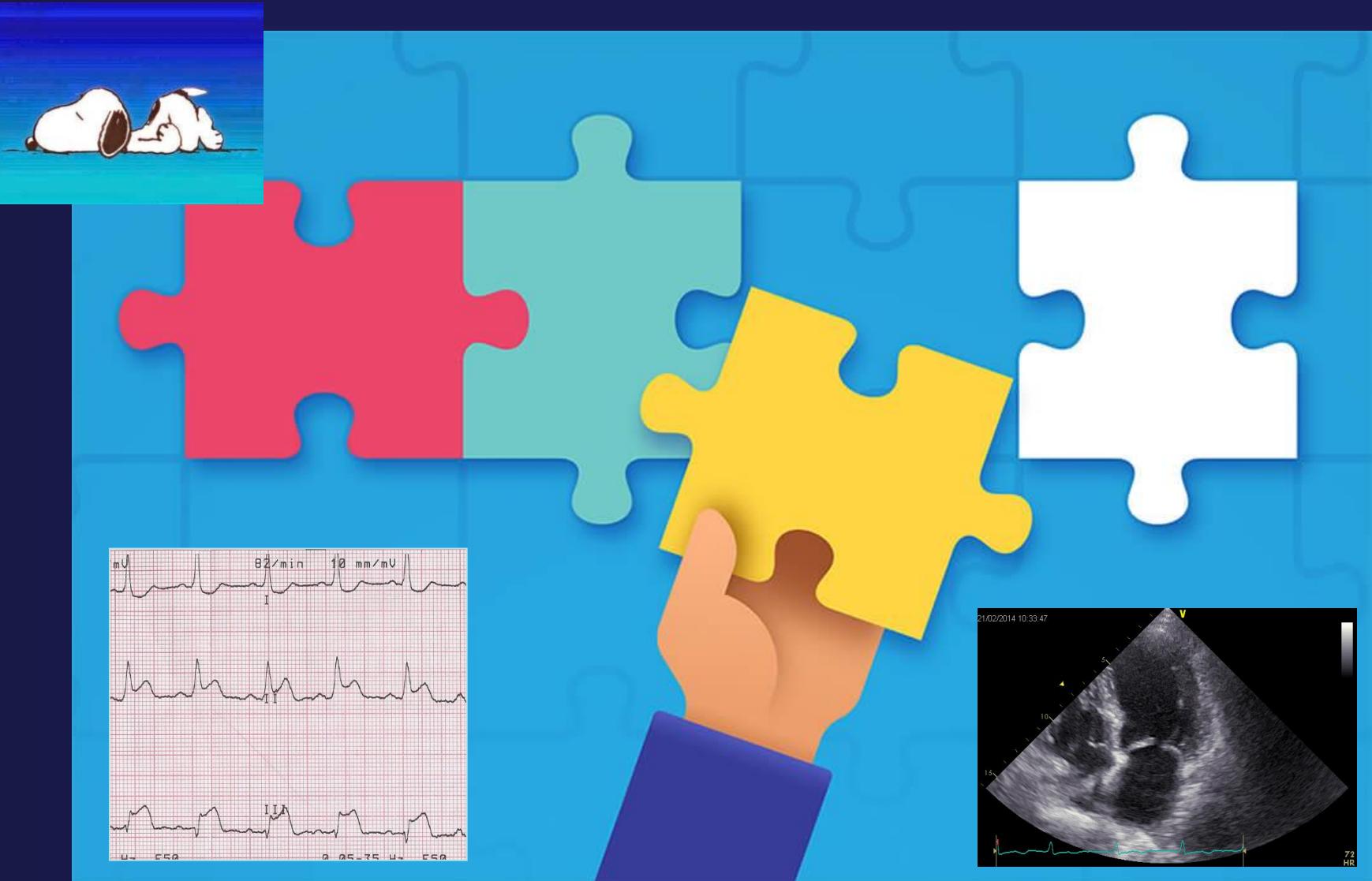


NUOVE TECNOLOGIE
ECOCARDIOGRAFICHE
NELLA VALUTAZIONE DELLA
CARDIOPATIA ISCHEMICA
ACUTA E CRONICA

ANTONELLO D'ANDREA

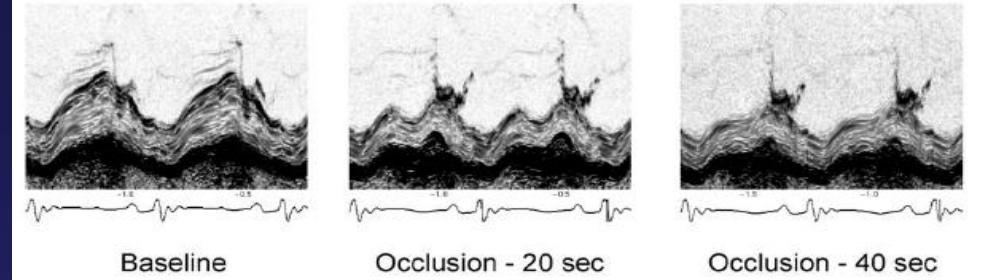
*UOC Cardiologia ed UTIC - PO Umberto I° Nocera
Inferiore (ASL Salerno)*

"UNMET NEEDS" dell'Eco nella CAD

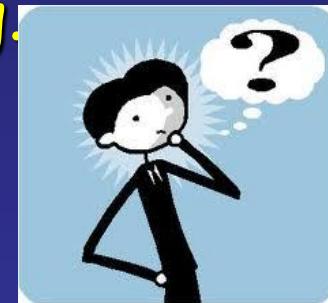
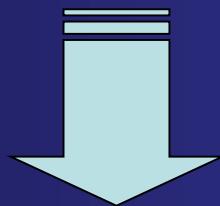




Quantify Myocardial Function

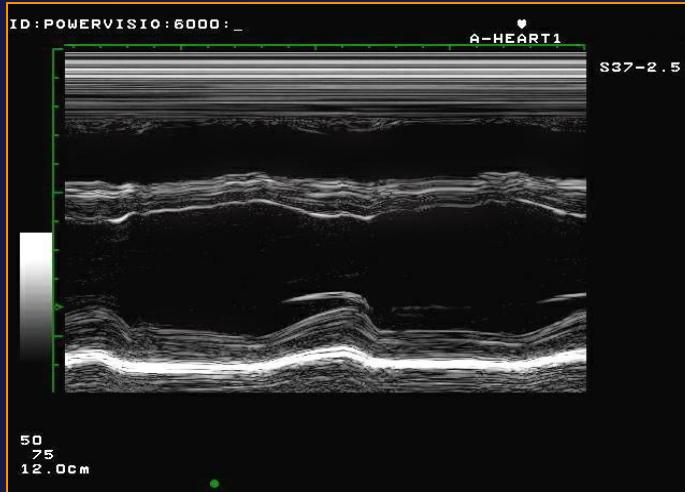


Visual evaluation of wall motion only assesses radial deformation of the myocardium and it is well known that myocardial contractility consists of thickening, shortening and twisting.



Need for more sensitive parameters of LV dysfunction to detect early abnormalities

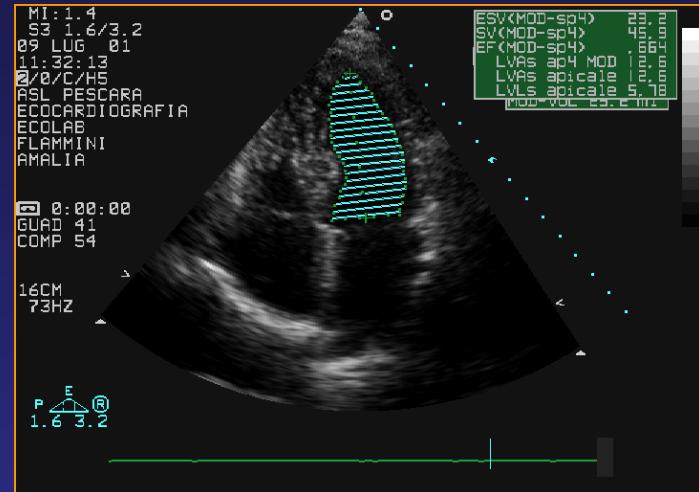
Rilevanza clinica delle variazioni



Δ DTSVS >10%

VOLMI VENTRICOLARI
VARIABILITÀ INTRAOSSERVATORE
VARIABILITÀ INTEROSSERVATORE

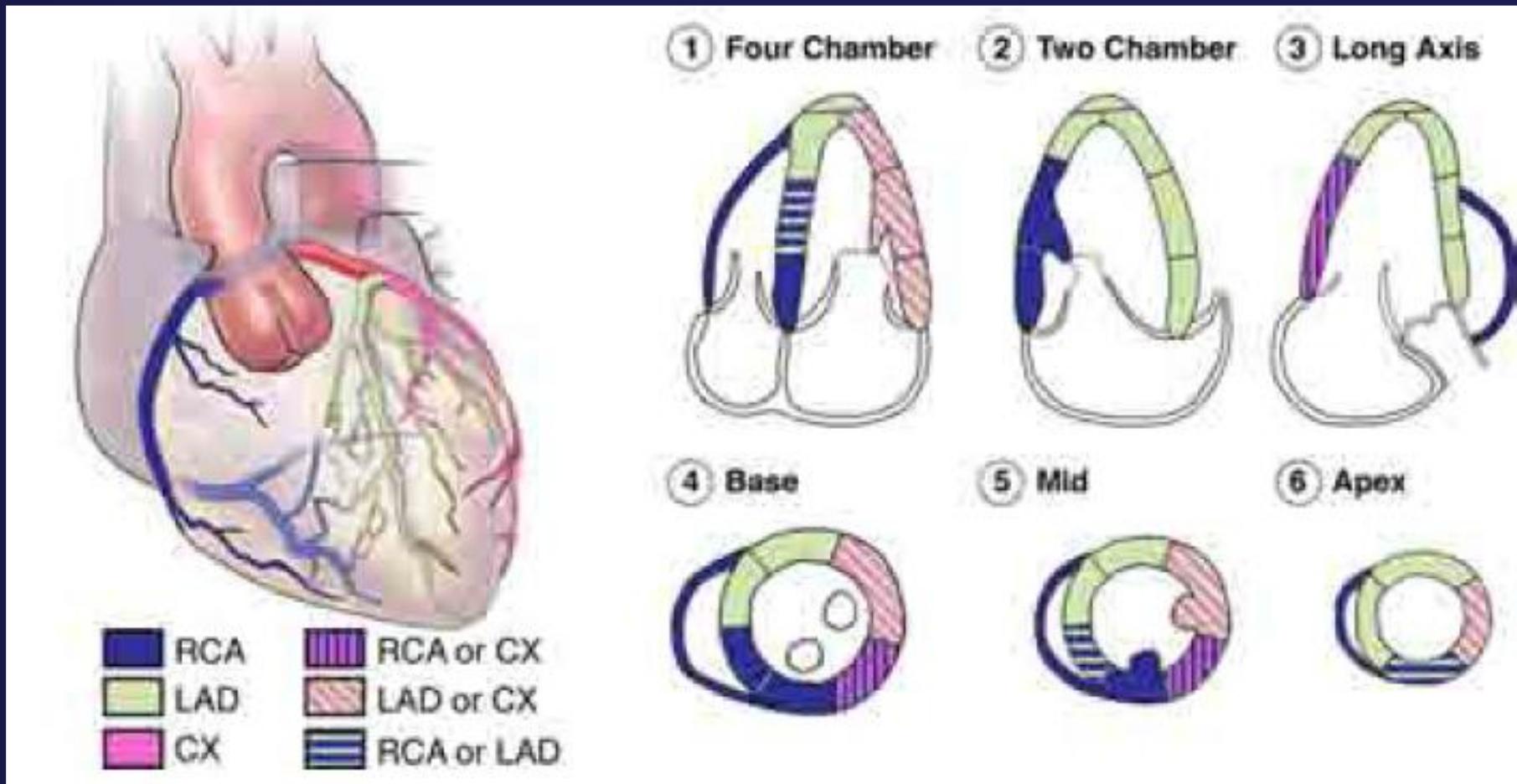
Una VARIAZIONE 15% per VTS
 25% per VTD
è necessaria per considerare la variazione di rilevanza clinica
10 PUNT Iper FE



Δ FEVS >0.10

4 a 6 %
8.5% VTD 16,5% VTS

Funzione Regionale



Limiti nella Valutazione della RWMA

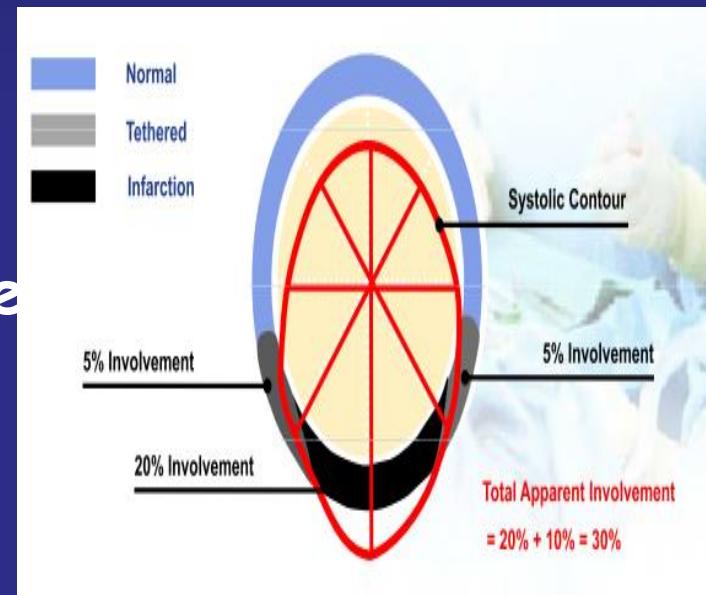
- Thetering o Dissinergie preesistenti
- Ima non transmurali assente
- Subottimale qualità delle immagini
- Cardiomopatie anche in fase iniziale
- Rotazione e traslazione cardiaca
- Condizioni di precarico e postcarico



Se ipercinesia compensatoria nei territori normocontrattili e normale ecoriflettenza e spessore: **evento acuto**



Dissinergia



Eco: Operatore Dipendente!!



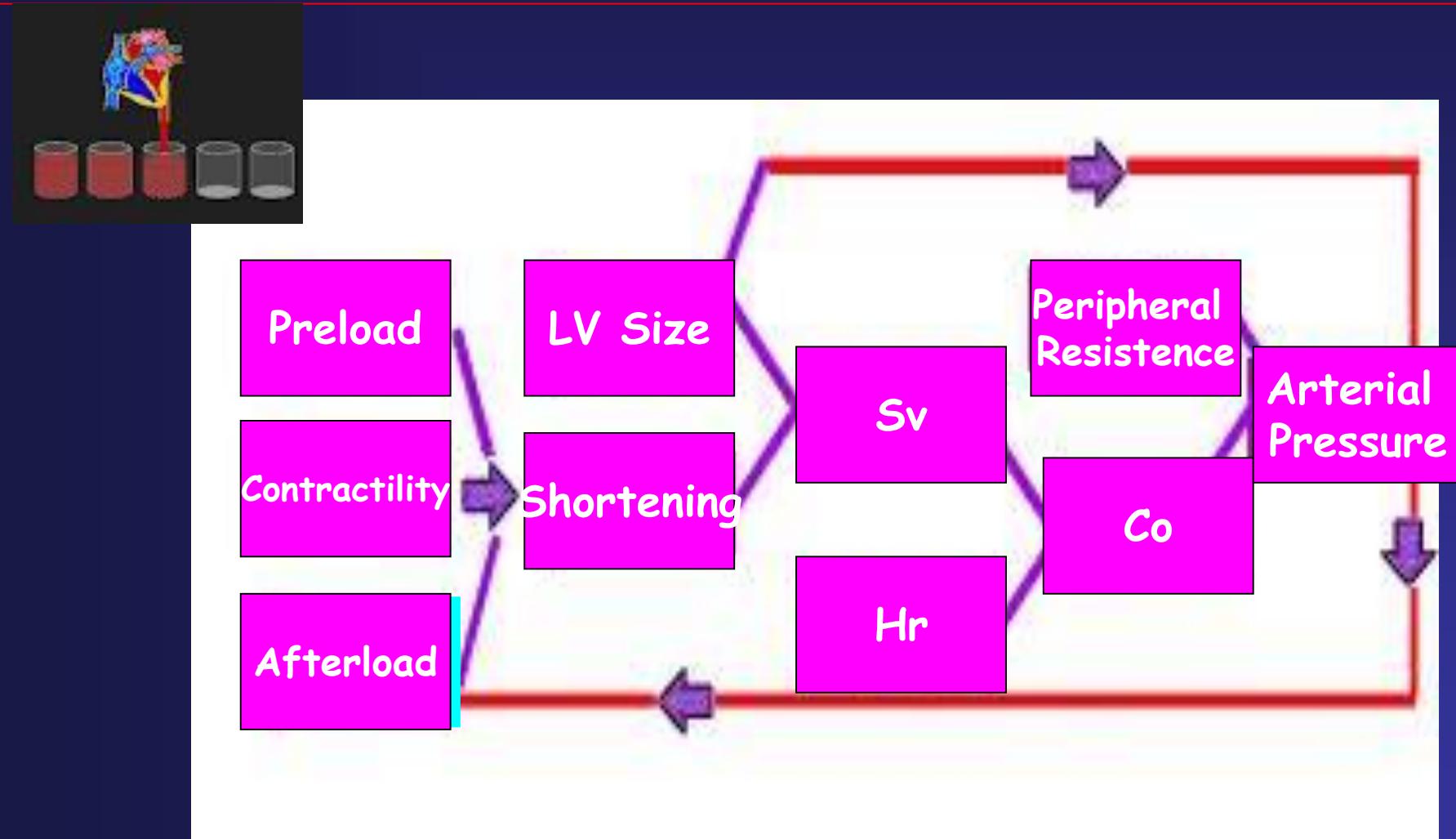
Cinesi Segmentaria del Ventricolo Sinistro

	Setto I-V			Pareti			
	Ant.	Post.	Inf.	P.lat.	Lat.	Ant.	
Livello basale	1	1	1	1	1	1	
Livello intermedio	1	1	1	1	1	1	
Livello apicale		3		3	3	3	

Wall motion score index 1,5 Estensione % della acinesia 25

1 Normocinesia
2 Ipocinesia
3 Acinesia
4 Discinesia
5 Aneurisma
0 Non valutabile

Determinants Of Cardiac Output

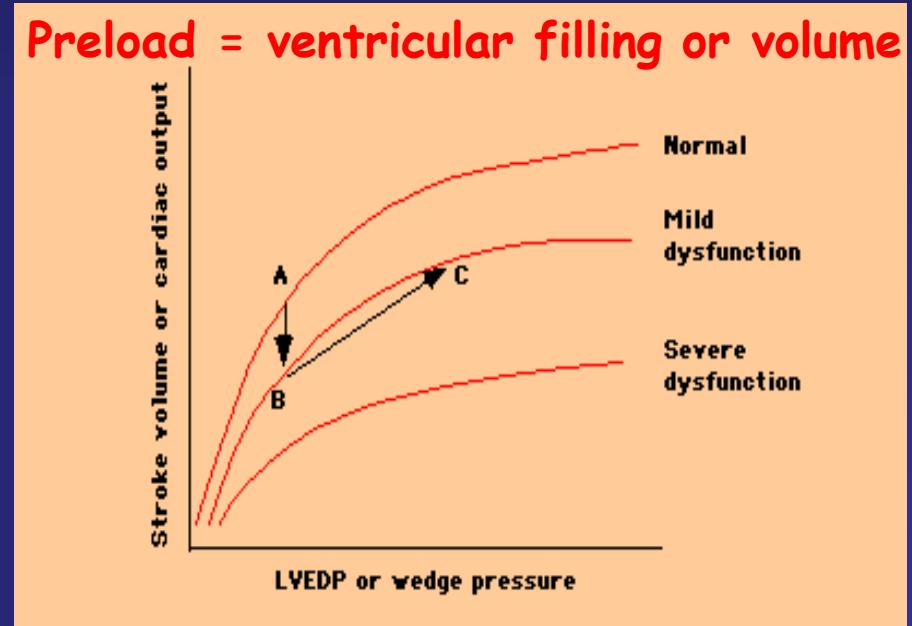
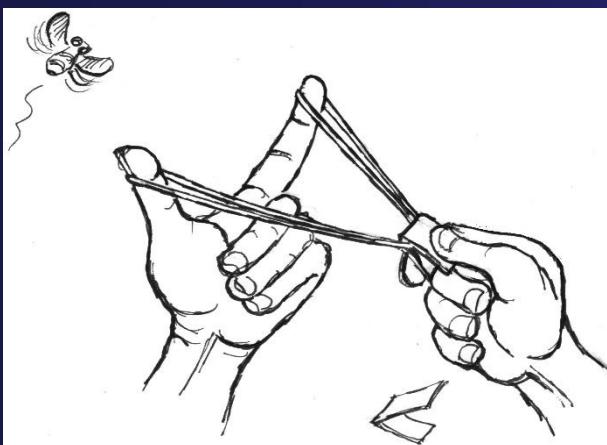


Determinants of Cardiac Output: PRELOAD

Amount of stretch of the ventricular myocardium prior to contraction

1. Central venous pressure (CVP) = right atrial pressure.

2. Pulmonary capillary diastolic wedge pressure (PCWP) = LVEDP



Determinants of Cardiac Output

AFTERLOAD

The load that a ventricle must overcome while it contracts during ejection

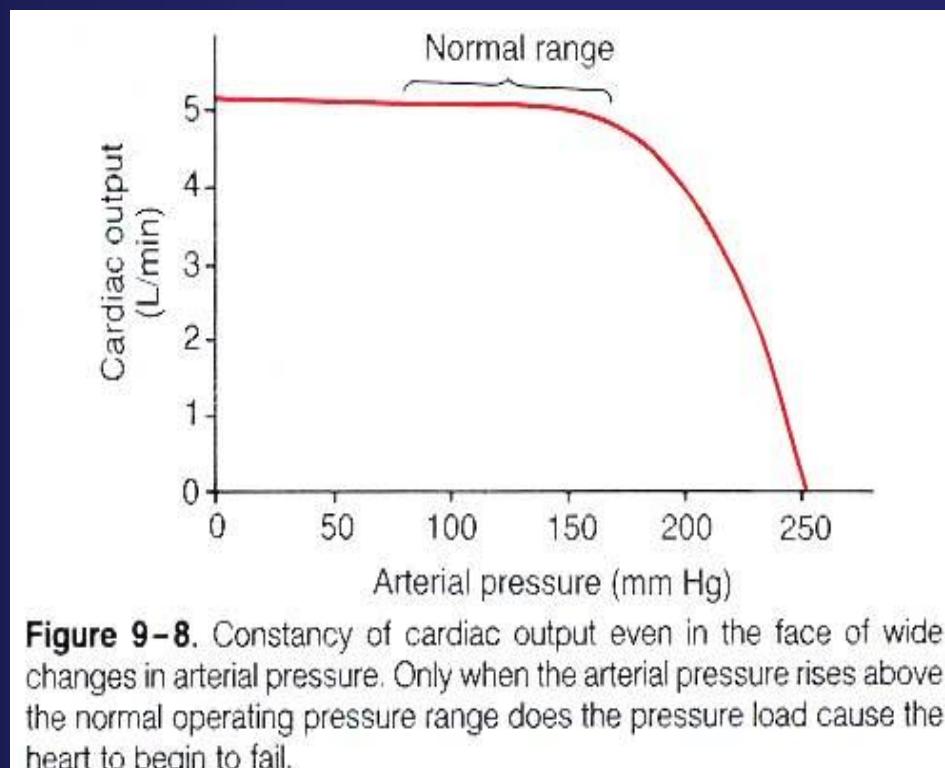
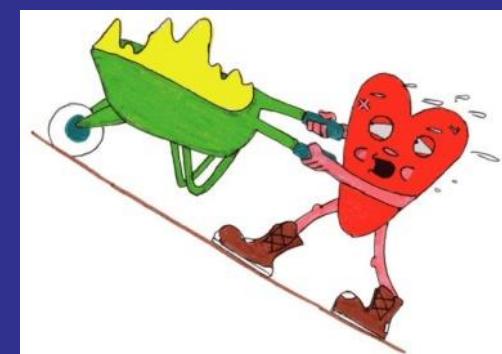


Figure 9–8. Constancy of cardiac output even in the face of wide changes in arterial pressure. Only when the arterial pressure rises above the normal operating pressure range does the pressure load cause the heart to begin to fail.



Ef in decision making



EF cutoff-values for therapeutic decision making in cardiology

- Surgery in mitral regurgitation → EF <60%
- Surgery in aortic regurgitation → EF <50%
- Medical Tx for heart failure → EF <40%
- Implantation of ICD → EF <35%
- Implantation of CRT → EF <35%

Prof. Dr. H. P. Kühl

www.escardio.org/EAE

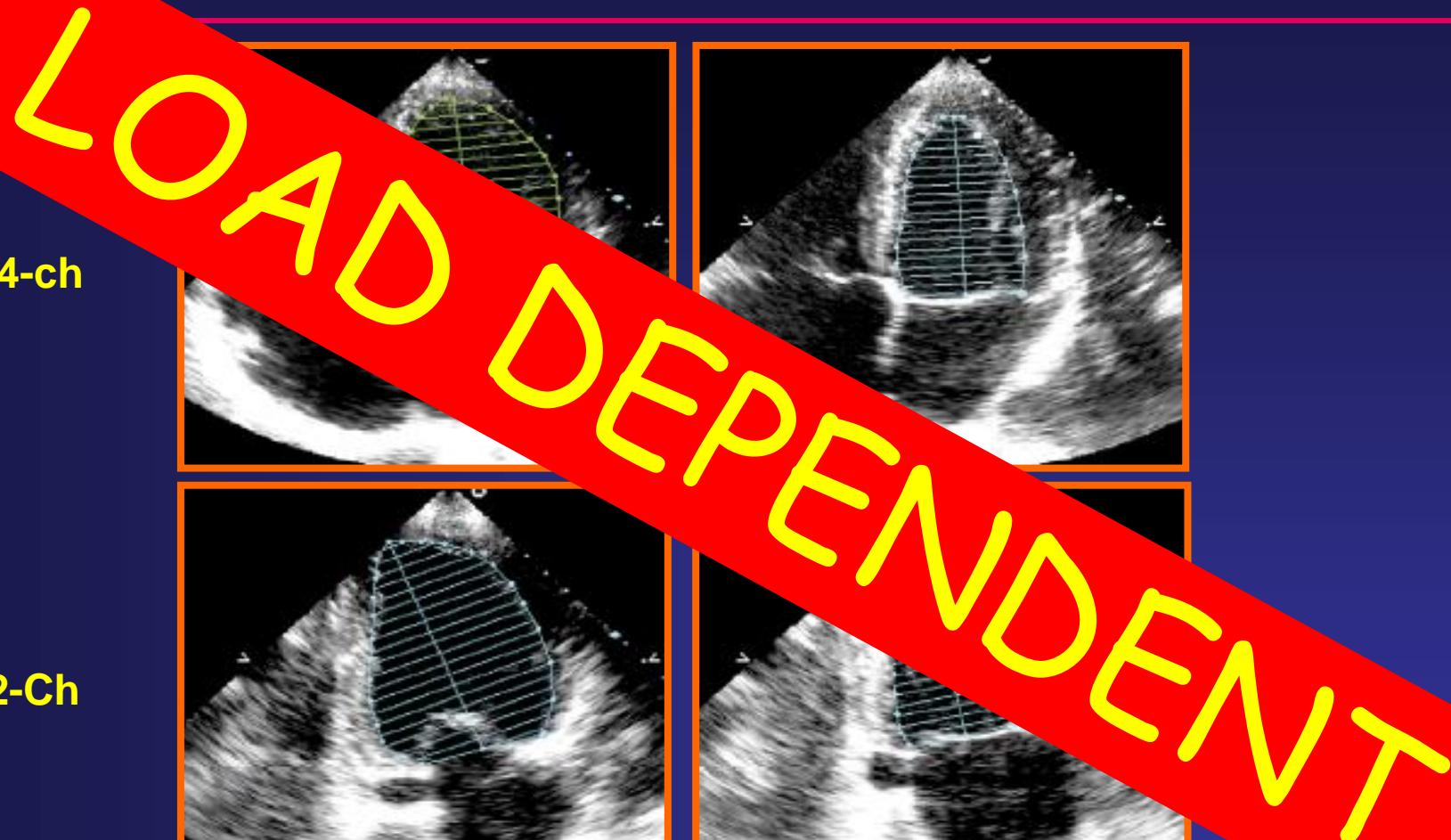


EUROPEAN
ASSOCIATION OF
Echocardiography
A Registered Branch of the ESC



EUROPEAN
SOCIETY OF
CARDIOLOGY®

2D LV Ejection Fraction



END-DIASTOLE

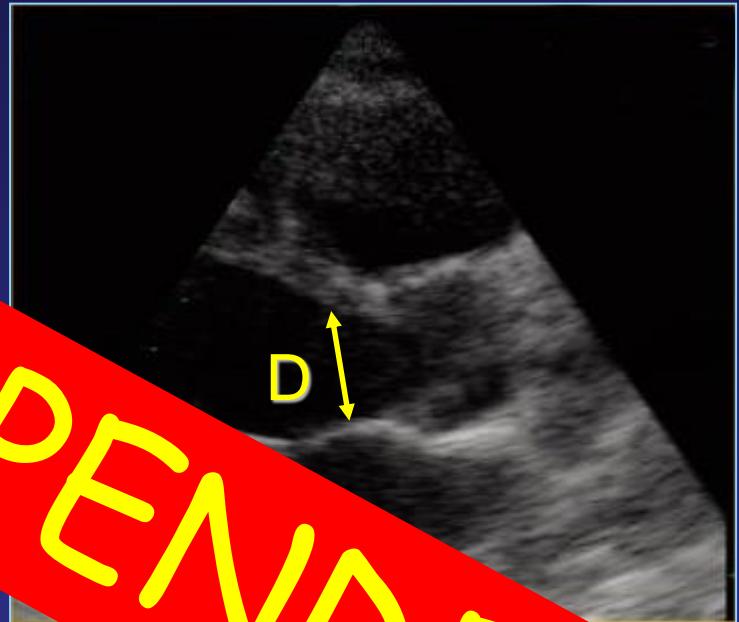
END-SYSTOLE

Doppler LV Stroke Volume

LOAD DEPENDENT

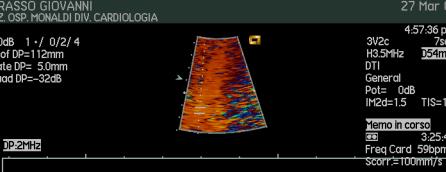


TVI



$$SV \text{ (ml)} = D^2 \times 0.785$$

Myocardial Function



PW-DMI

1989

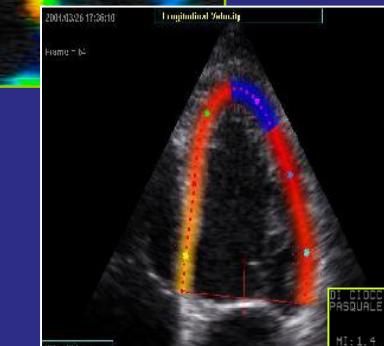
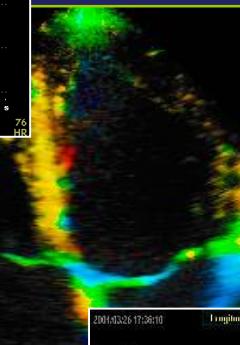
Color M-Mode



2D-Color DMI

2003

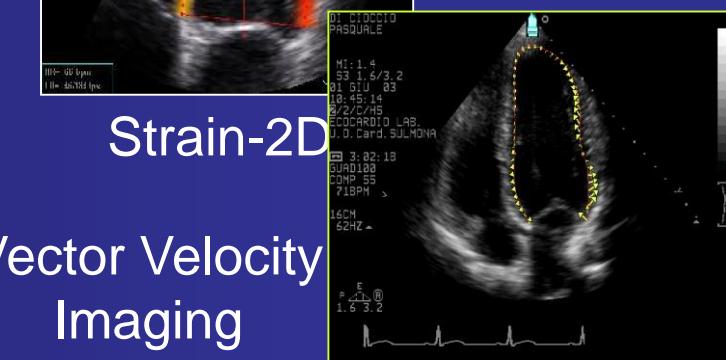
Strain/S-Rate



2005

Strain-2D

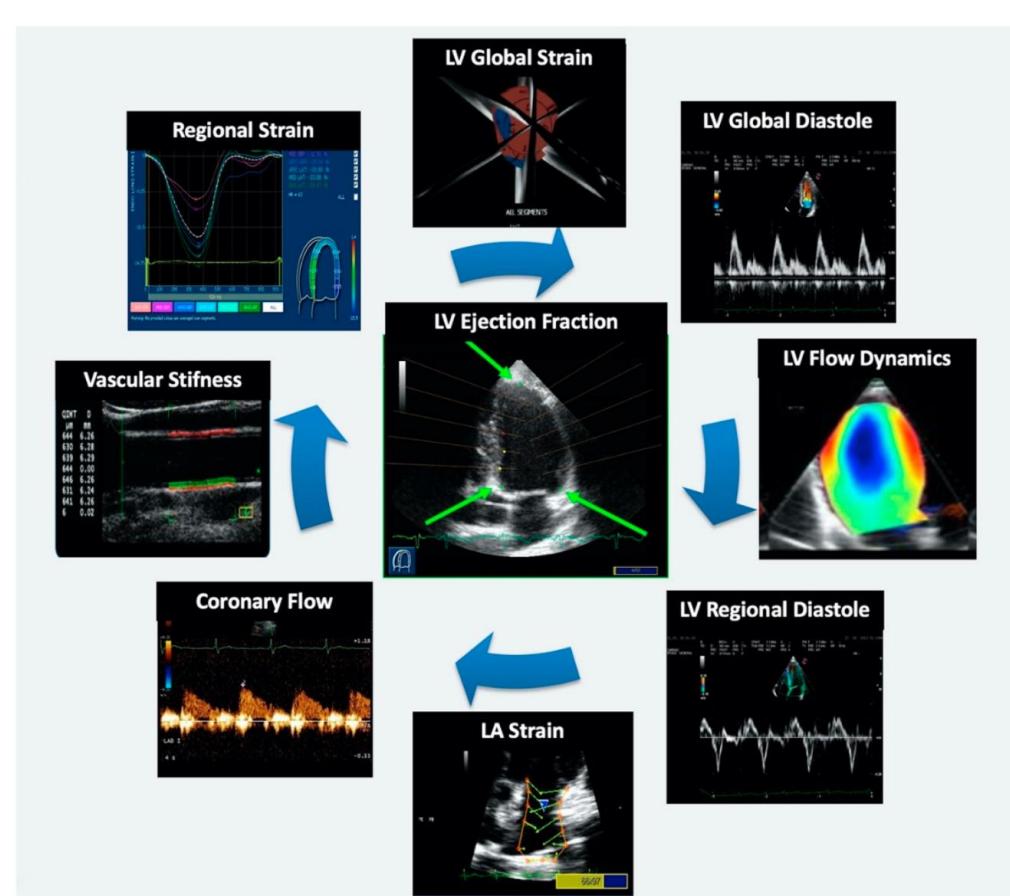
Vector Velocity Imaging



Review

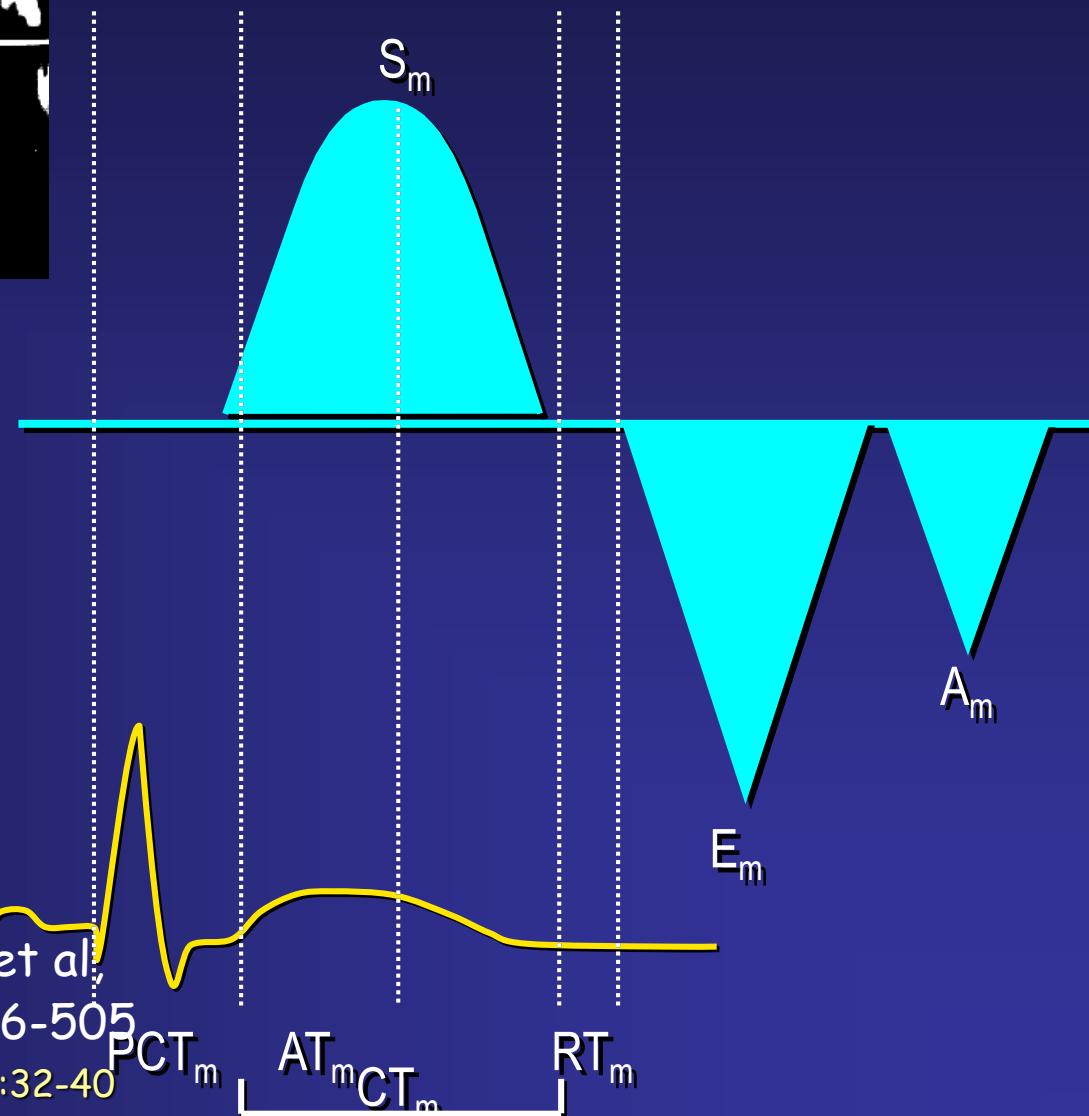
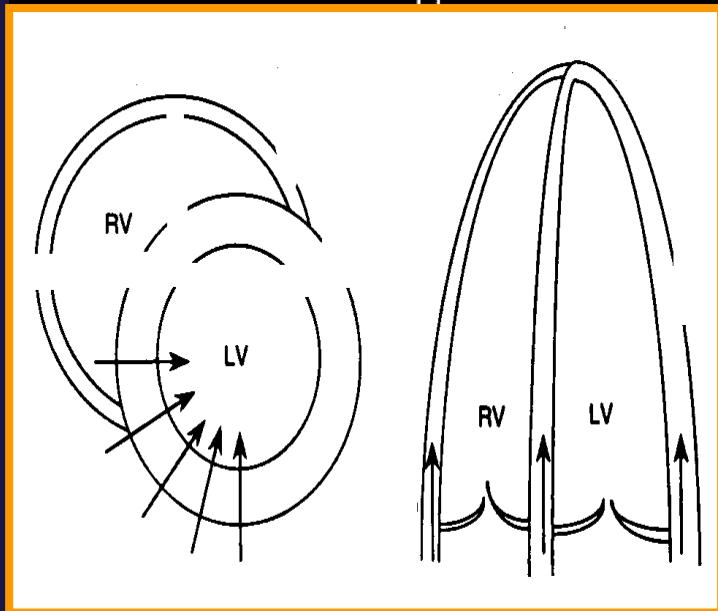
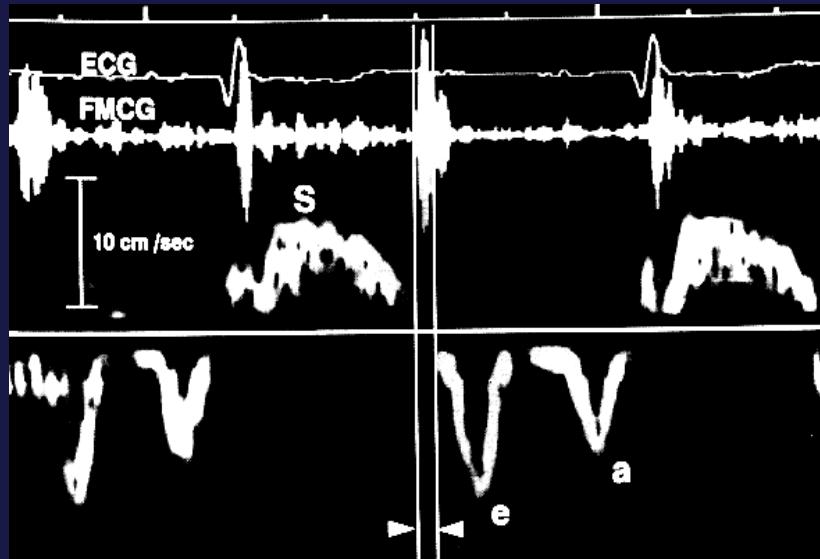
New Ultrasound Technologies for Ischemic Heart Disease Assessment and Monitoring in Cardiac Rehabilitation

Antonello D'Andrea ^{1,2,*}, Simona Sperlongano ¹ , Mario Pacileo ², Elio Venturini ³ , Gabriella Iannuzzo ⁴, Marco Gentile ⁴ , Rossella Sperlongano ⁵, Giuseppe Vitale ⁶ , Marco Maglione ⁷ , Gennaro Cice ⁸, Filippo Maria Sarullo ⁶, Anna Di Lorenzo ⁹, Carlo Vigorito ⁹, Francesco Giallauria ⁹  and Eugenio Picano ¹⁰



PW DMI

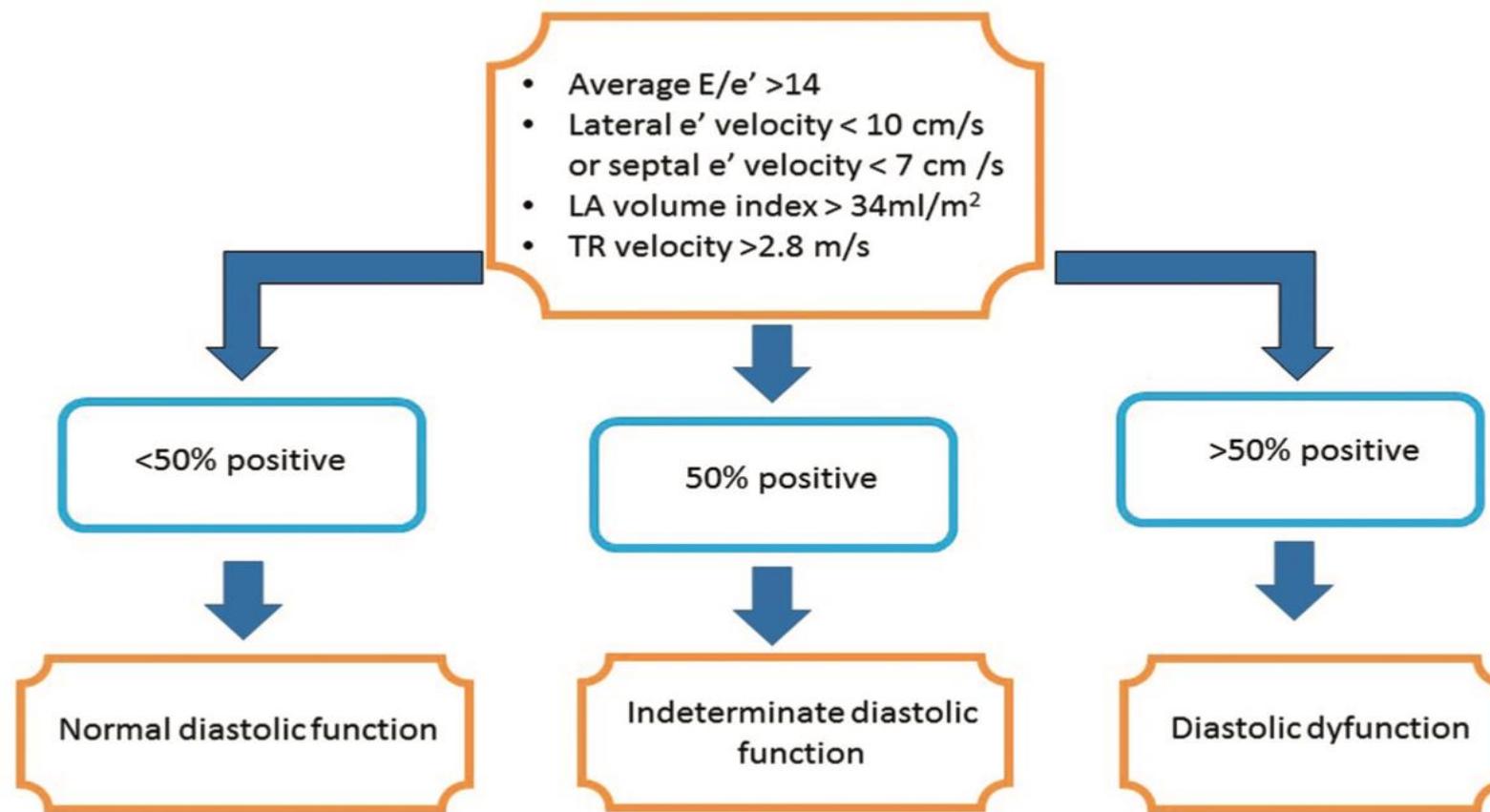
QUANTIFICATION



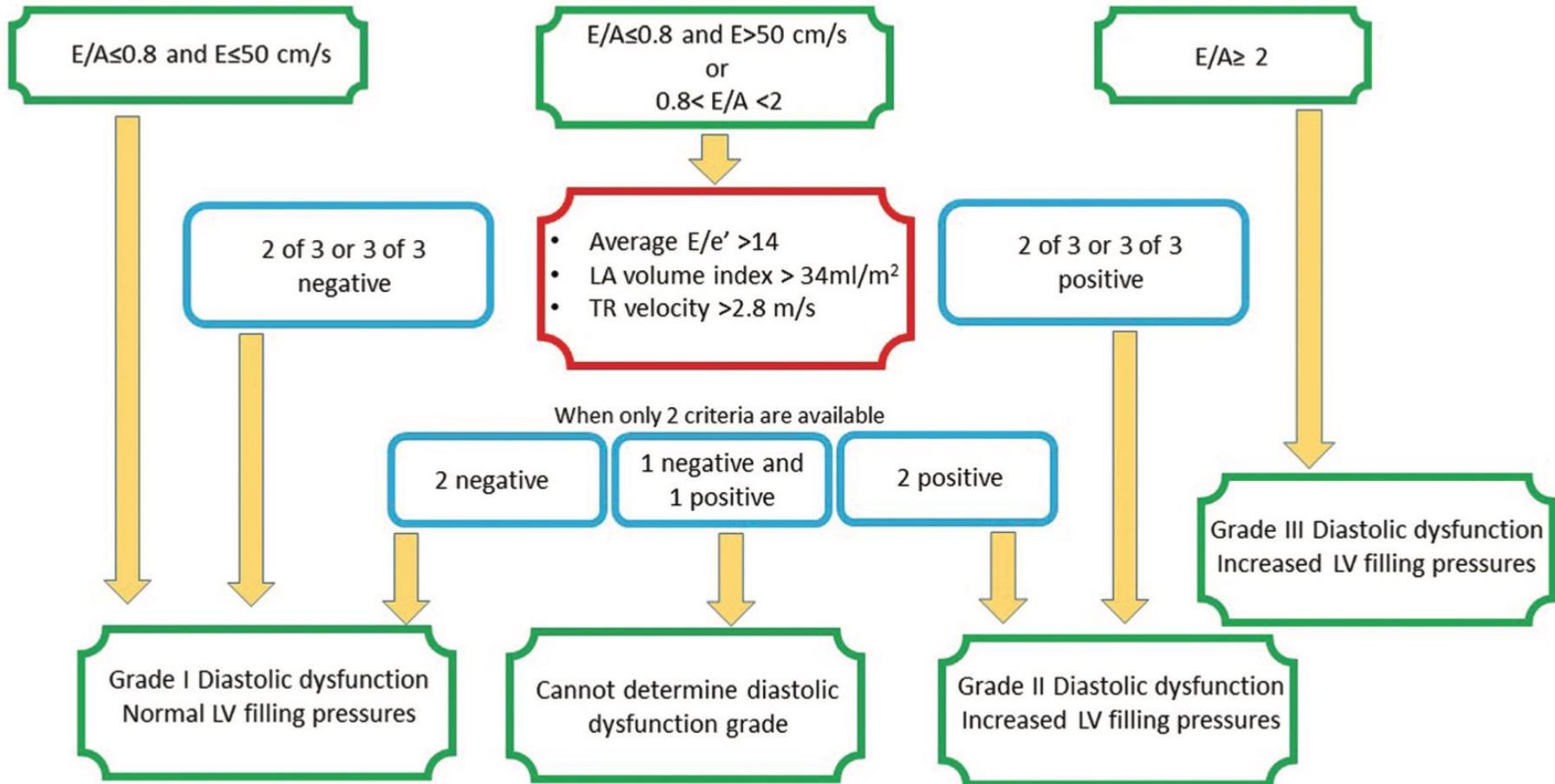
Identification of cardiac organ damage in arterial hypertension: insights by echocardiography for a comprehensive assessment

Matteo Cameli^{a,*}, Maria Lembo^{b,*}, Carlotta Sciaccaluga^a, Francesco Bandera^c, Marco M. Ciccone^d, Antonello D'Andrea^e, Flavio D'Ascenzi^a, Roberta Esposito^b, Vincenzo Evola^f, Riccardo Liga^g, Giulia E. Mandoli^a, Pasquale Palmiero^h, Ciro Santoro^b, Pietro Scicchitano^d, Regina Sorrentino^b, Annapaola Zito^d, Roberto Pedrinelli^g, Sergio Mondillo^a, Anna V. Mattioliⁱ, Maurizio Galderisi^b, on behalf of Working Groups of Echocardiography and Arterial Hypertension of Italian Society of Cardiology (SIC)

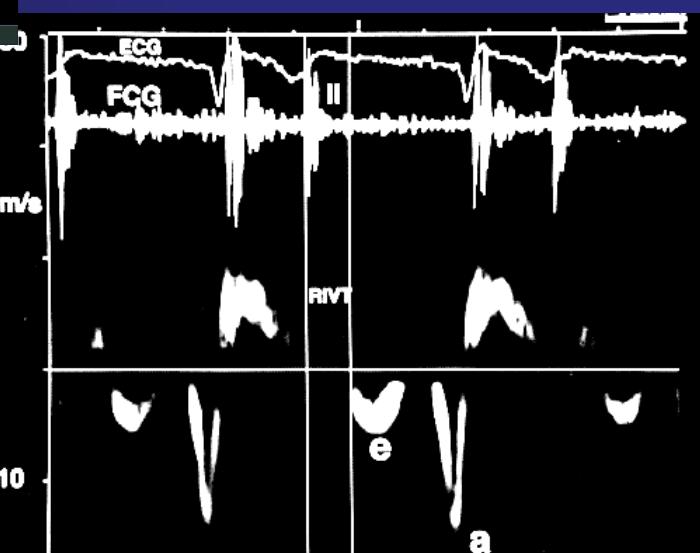
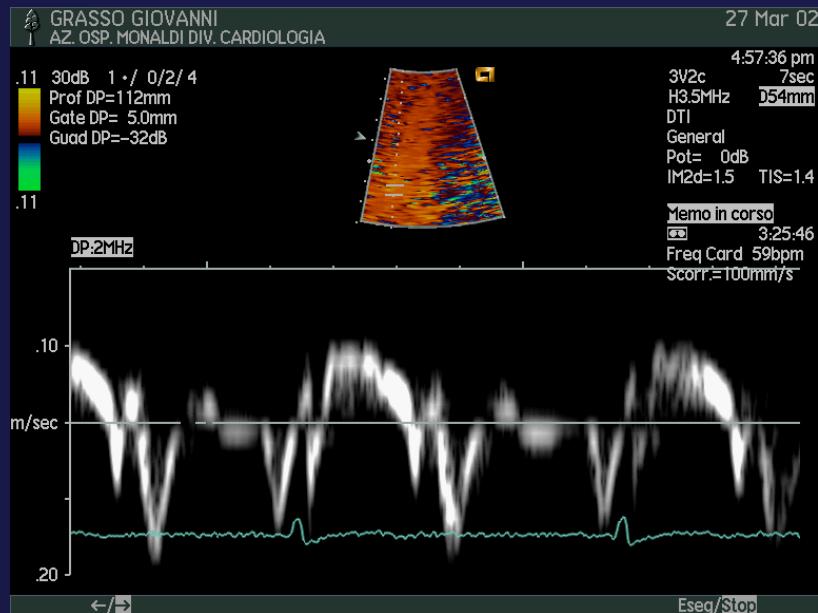
Diastolic function algorithm for hypertensive patients with normal LVEF (> 50%) and without myocardial disease (e.g., presence of LVH, ischaemic or significant valvular heart disease)



Diastolic dysfunction algorithm for hypertensive patients with abnormal LVEF (< 50%) or normal LVEF and concomitant myocardial disease (e.g., presence of LVH, ischaemic or significant valvular heart disease)



PW-DMI Dysfunctional Pattern

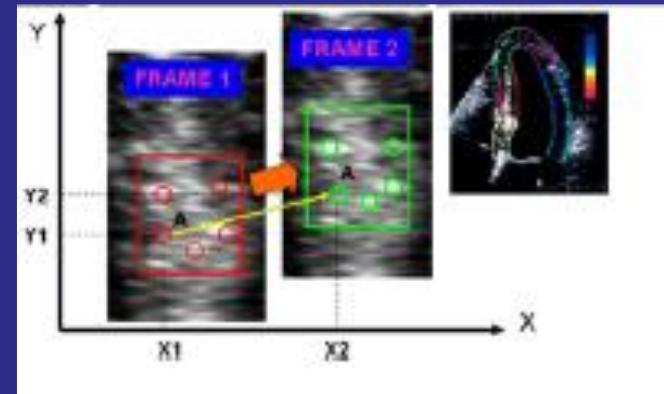
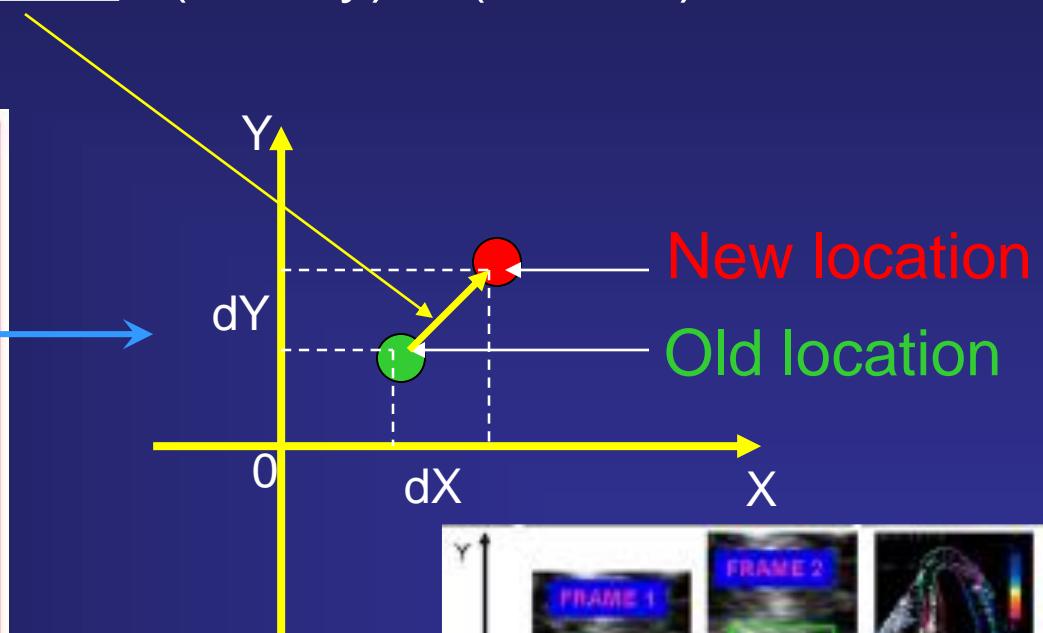


E velocity reduction
Hypertension
Ischaemia
HCM
Age
Transplant rejection
Garcia-Fernandez MA et al. Eur Heart J

Gray Scale Velocity Estimation

Velocity is estimated as a shift of each object divided by time between successive frames (or multiplied by Frame Rate)-->

$$\text{2D velocity vector: } (\text{V}_x, \text{V}_y) = (\text{d}X, \text{d}Y) * \text{FR}$$



Non-Doppler Two-dimensional Strain Imaging by Echocardiography-From Technical Considerations to Clinical Applications

Gila Perk, MD, Paul A. Tunick, MD, FACC, and Itzhak Kronzon, MD, FACC,
New York, New York

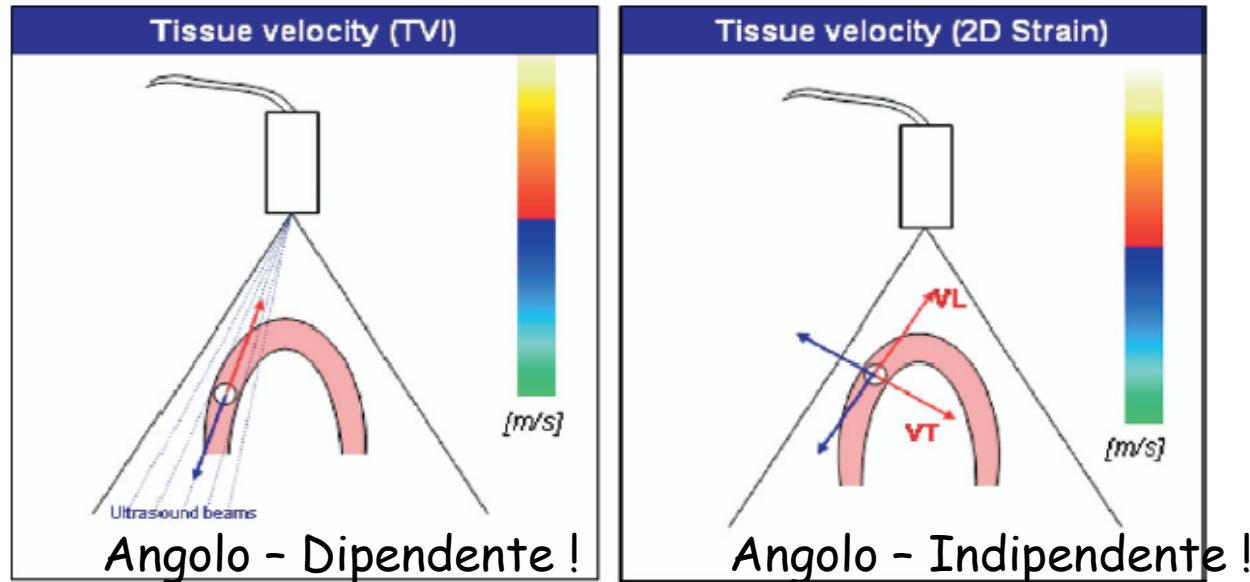
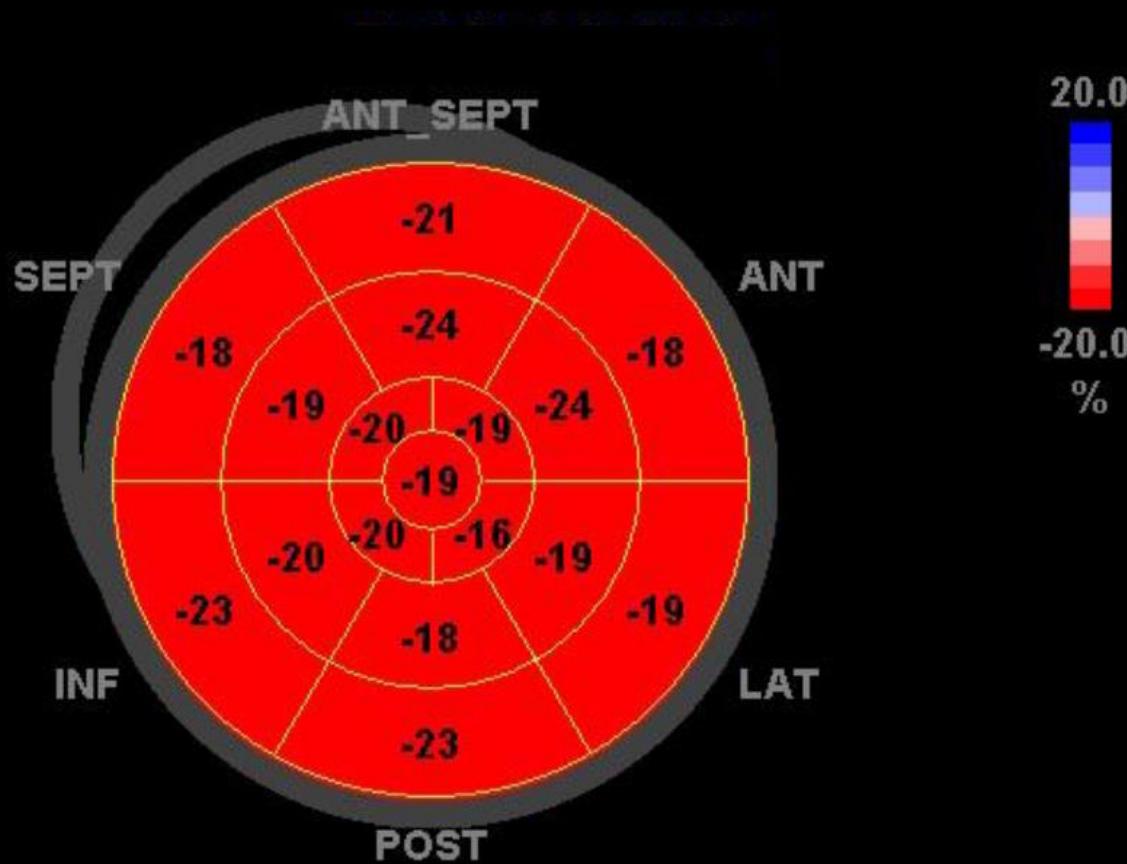


Figure 3 Angle independency of non-Doppler 2-dimensional (2D) strain imaging. Tissue Doppler measures longitudinal velocity (VL) components toward or away from transducer. Non-Doppler 2D strain measures vector velocities in plane of imaging relative to direction of muscle contraction. VT , Transverse velocity.

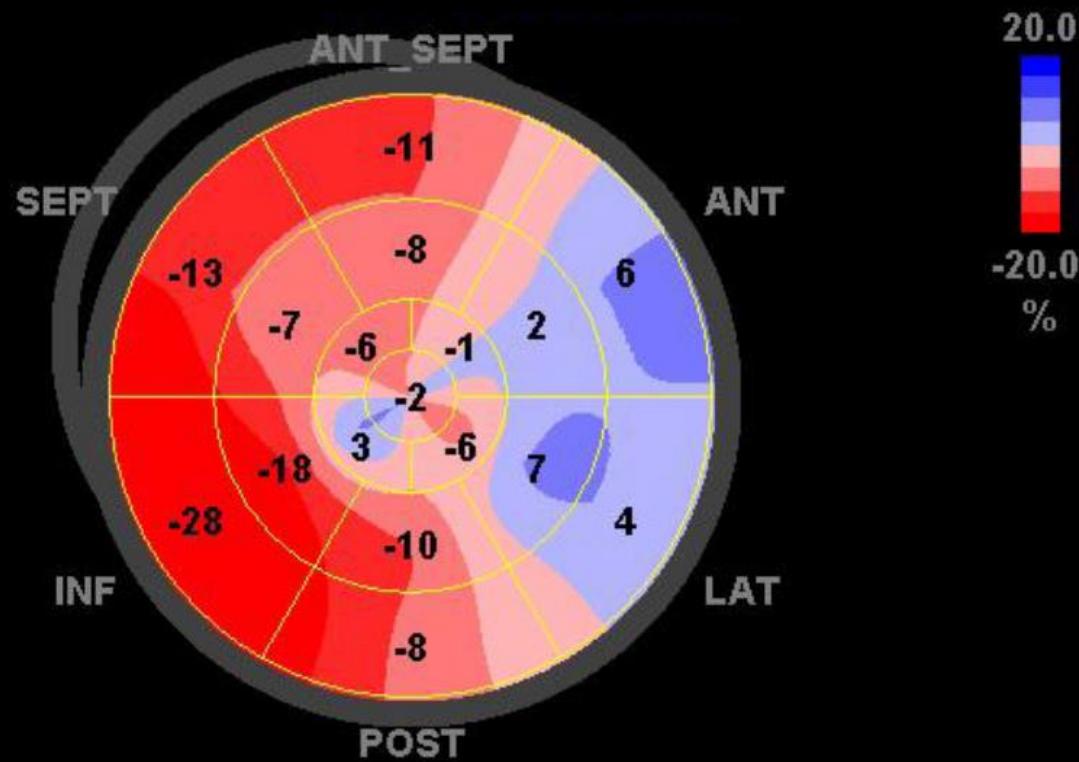
Global Strain in a Normal Heart



Global strain = average of all segmental strain values

Global strain= -20 %

Global Strain - LAD Infarct



Global strain = average of all segmental strain values

Global strain = -9 %



EACVI-ASE-industry initiative to standardize deformation imaging: a brief update from the co-chairs

James D. Thomas and Luigi P. Badano*

Echocardiographic quantitation of myocardial deformation has been one of the most significant developments in our field over the last decade, with important applications in basic myocardial mechanics, ischaemic heart disease, cardiomyopathies, valvular heart disease, diastolic function, and in detecting pre-clinical myocardial dysfunction such as in cardiotoxicity in cancer chemotherapy and valvular regurgitation. Unfortunately, several investigators have documented a relatively poor reproducibility when strain is calculated using echo-

Table I EACVI-ASE-industry initiative to standardize deformation imaging

Founding societies

European Association of Cardiovascular Imaging—Luigi P. Badano, MD, co-chair

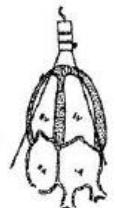
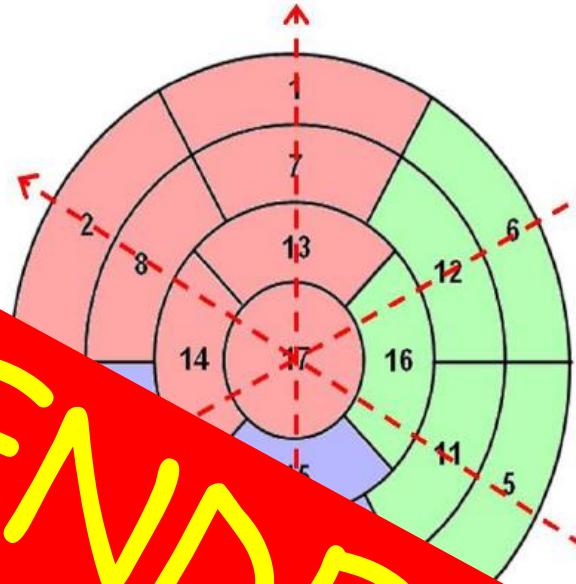
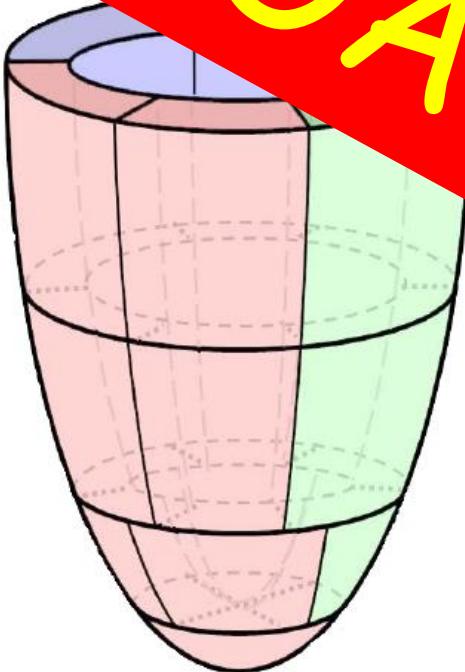
American Society of Echocardiography—James D. Thomas, MD, co-chair

Supporting societies

Japanese Society of Echocardiography
Korean Society of Echocardiography

Global Systolic Strain

LOAD DEPENDENT

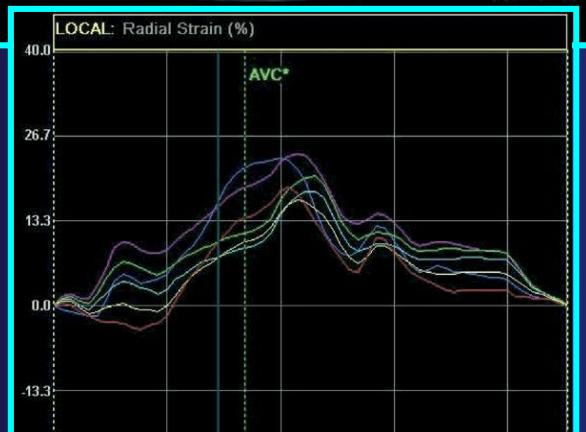
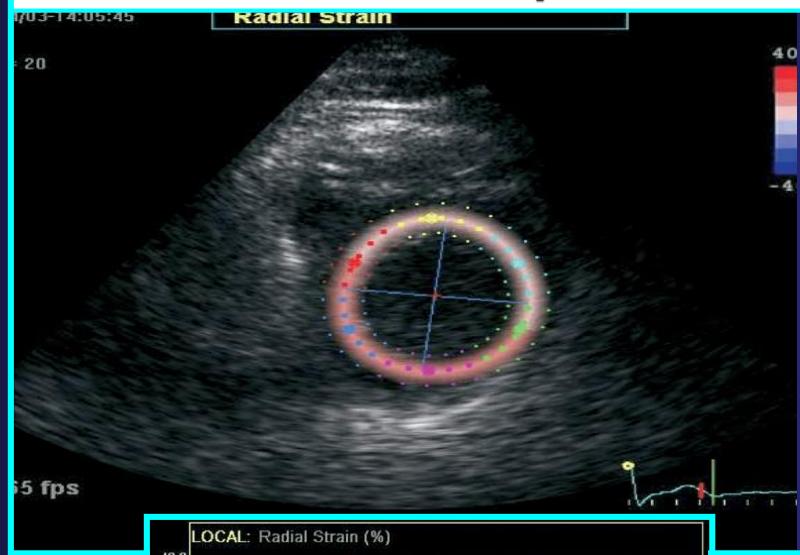


Global strain = average of all segmental strain values

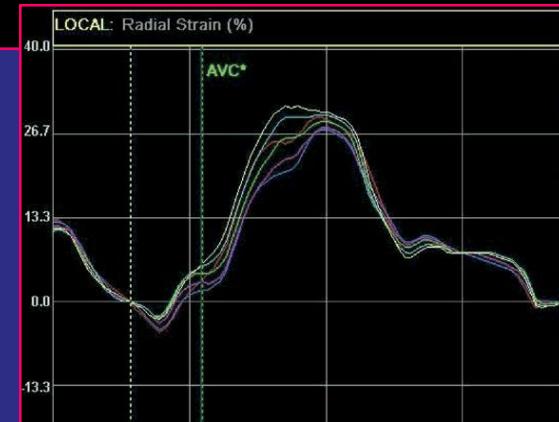
Impact of Left Ventricular Loading Conditions on Myocardial Deformation Parameters: Analysis of Early and Late Changes of Myocardial Deformation Parameters after Aortic Valve Replacement

Michael Becker, MD, Rafael Kramann, Guido Dohmen, MD, Andreas Lückhoff, MD,
Rüdiger Autschbach, MD, Malte Kelm, MD, and Rainer Hoffmann, MD, FESC,
Aachen, Germany

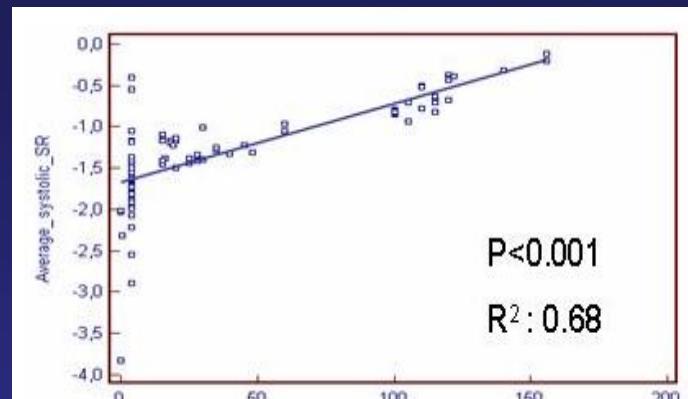
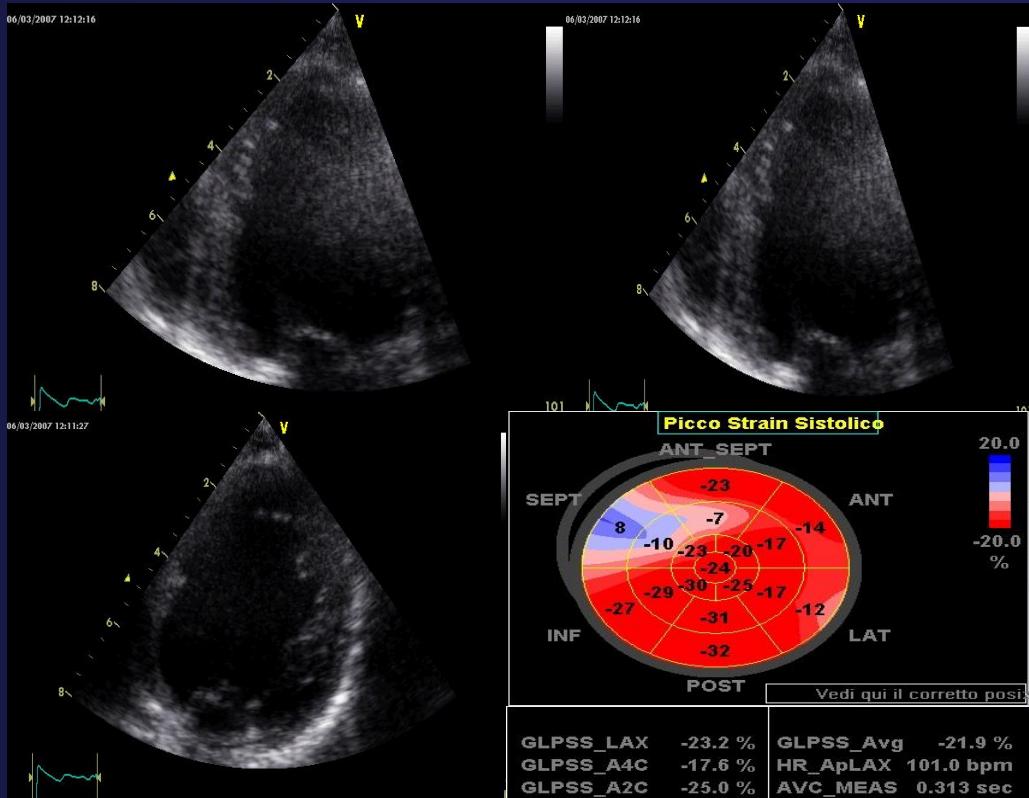
Before aortic valve replacement



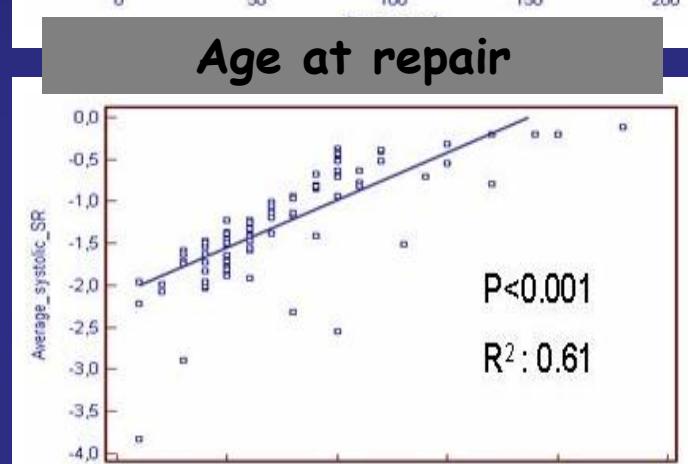
After aortic valve replacement



After “Successful” Correction



Age at repair



Aortic Stiffness

Received: 15 November 2020

Revised: 15 March 2021

Accepted: 6 April 2021

DOI: 10.1111/echo.15059

REVIEW

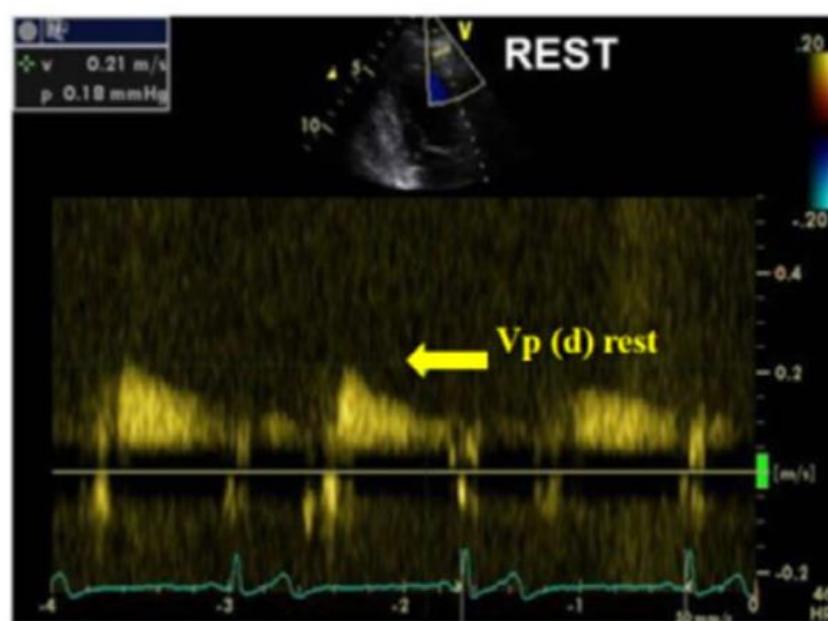
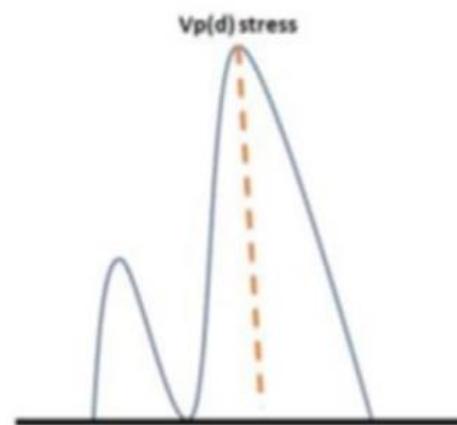
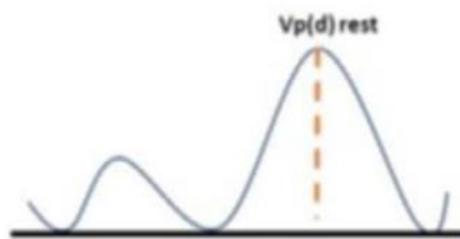
Echocardiography

WILEY

Echocardiographic assessment of coronary microvascular dysfunction: Basic concepts, technical aspects, and clinical settings

Andreina Carbone MD¹  | Antonello D'Andrea MD, PhD²  | Simona Sperlongano MD²  | Ercole Tagliamonte MD² | Giulia Elena Mandoli MD³ | Ciro Santoro MD⁴ | Vincenzo Evola MD⁵ | Francesco Bandera MD^{6,7} | Doralisa Morrone MD⁸ | Alessandro Malagoli MD⁹ | Flavio D'Ascenzi MD, PhD³ | Eduardo Bossone MD¹⁰ | Matteo Cameli MD, PhD³ | Echocardiography study group of the Italian Society of Cardiology

$$CFVR = \frac{Vp(d) \text{ stress}}{Vp(d) \text{ rest}}$$



HYPEDOPPLER FLOW VELOCITIES

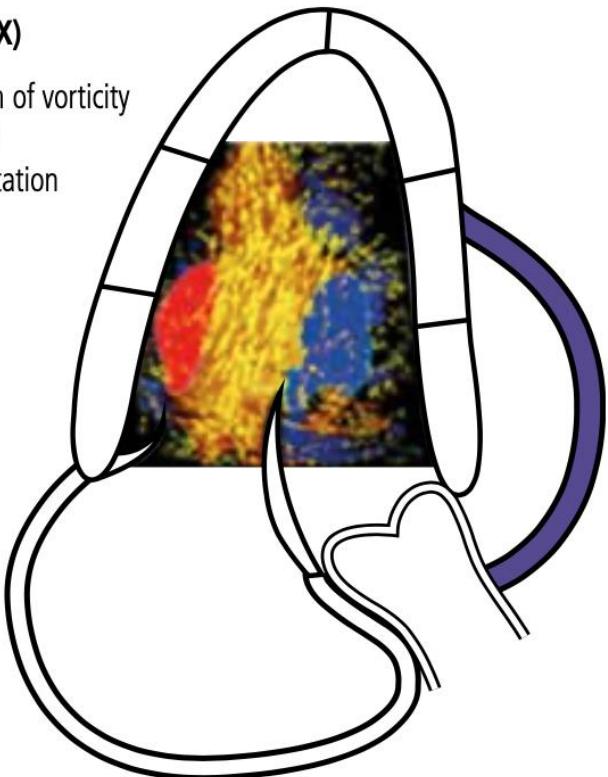
Figure 1 - Vortex formation at mitral in-flow. ALAX (A3CH) view illustrating the asymmetric vortex detaching from the distal tips of the mitral valve

Apical Long Axis (ALAX)

VORTEX: compact region of vorticity

BLUE: clockwise rotation

RED: counterclockwise rotation



Normally the main anterior vortex rotates clockwise, and the secondary posterior vortex rotates counterclockwise (Figure 2). During the cardiac cycle, the vortex flow changes. As vortices propagate towards the LV apex, their rings deform. This deformation is due both to the inhomogeneous pressure gradient within the LV and to the interaction with LV walls.

Figure 2 - HyperDoppler Flow Velocity Vector mapping, highlighting the different rotational behavior between the anterior and posterior vortex - Modified from Mele et al., JASE. 2019 Mar;32(3):319-332

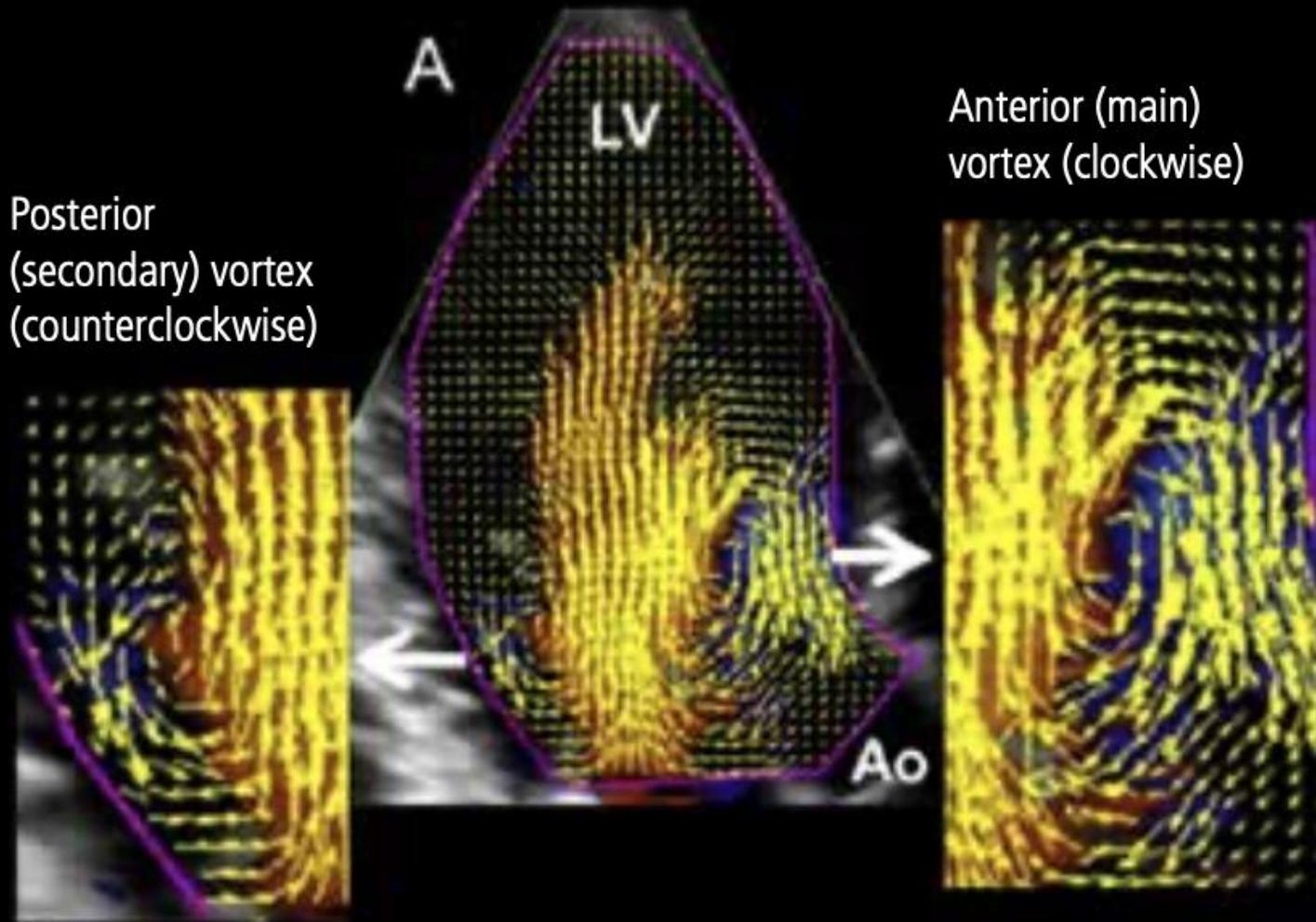
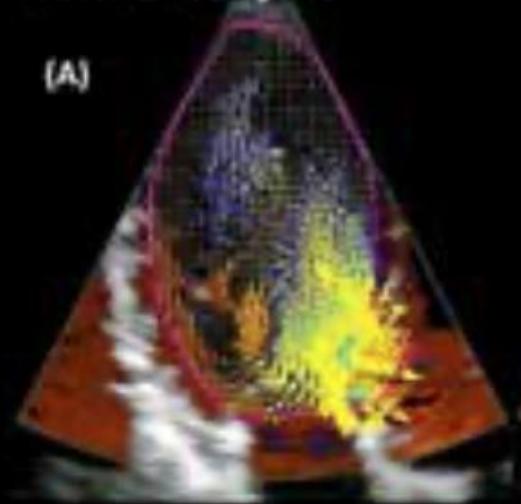


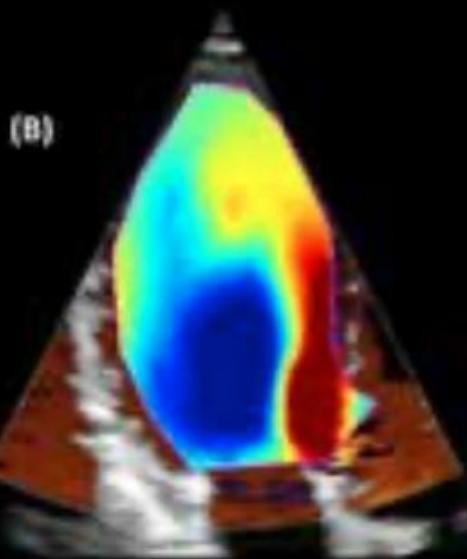
Figure 4 - Findings in Normal versus a DCMP patient - Picture courtesy of Dr. Donato Mele, Cardiology Unit and LTTA Center, University of Ferrara

Normal subject

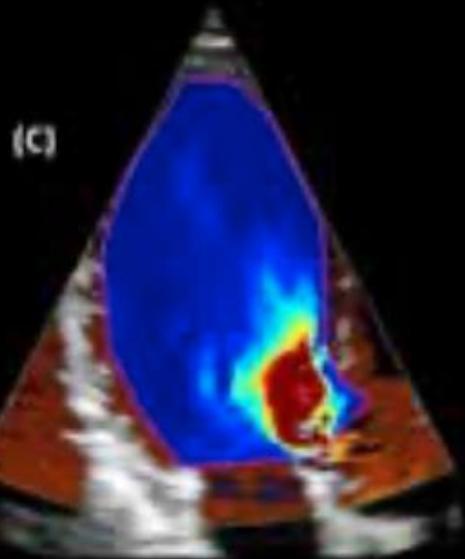
(A)



(B)

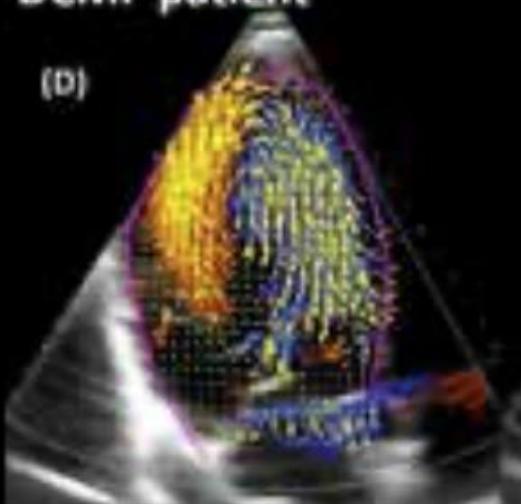


(C)

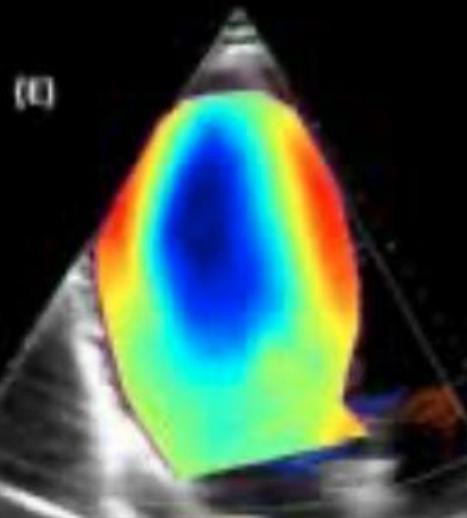


DCMP patient

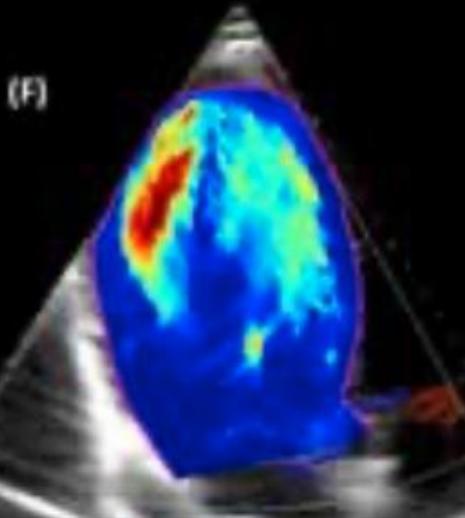
(D)



(E)



(F)



SPORT

Cardiac

PX 1.5 CARDIO ADULTI

B
TEI
PRCD
Gen-L
146 mm
10/0/2/10AG
X/M
PRS+6/-
6CFM F
PRF 2.5 MHz
PRC M/2G
WF 3
PRS 5

08/Sep/2021 11:37:18

P 100%

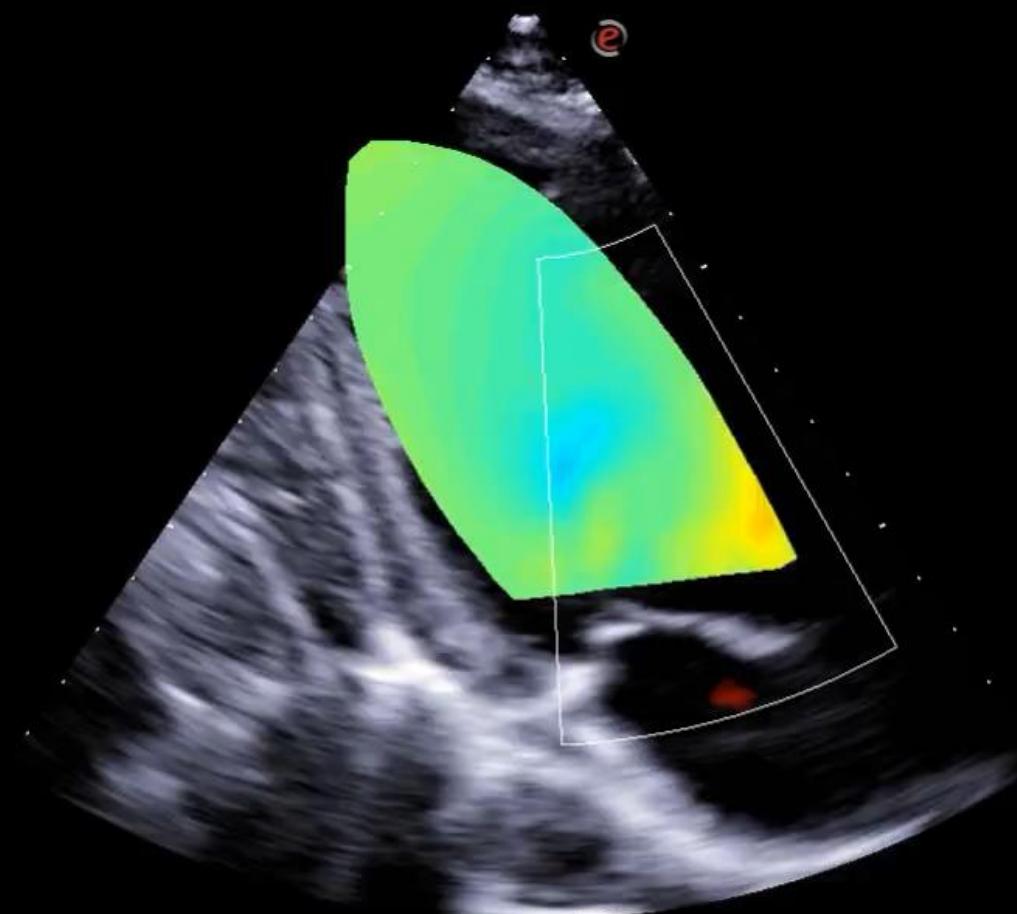
MI 1.1
TIS 1.1

HR 72

0

5

10

0.68
- 0.68
m/s

Vortex Area	0.175
Vort Int	-0.266
Vort Depth	0.427
Vort Length	0.41
Energy Diss	0.867
Vort Fluct	0.815
Kin En Fluct	0.987
Sh Str Fluct	-0.479
F Force Prm	0.513
Fl Force Ang	45.753

SPORT

Cardiac

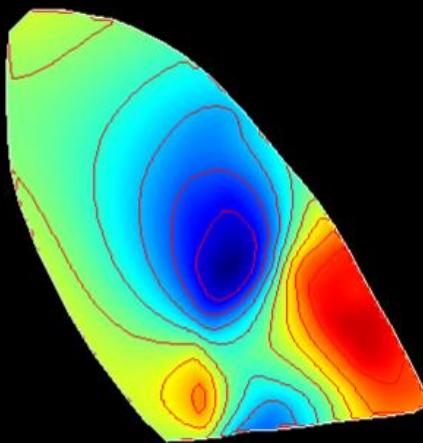
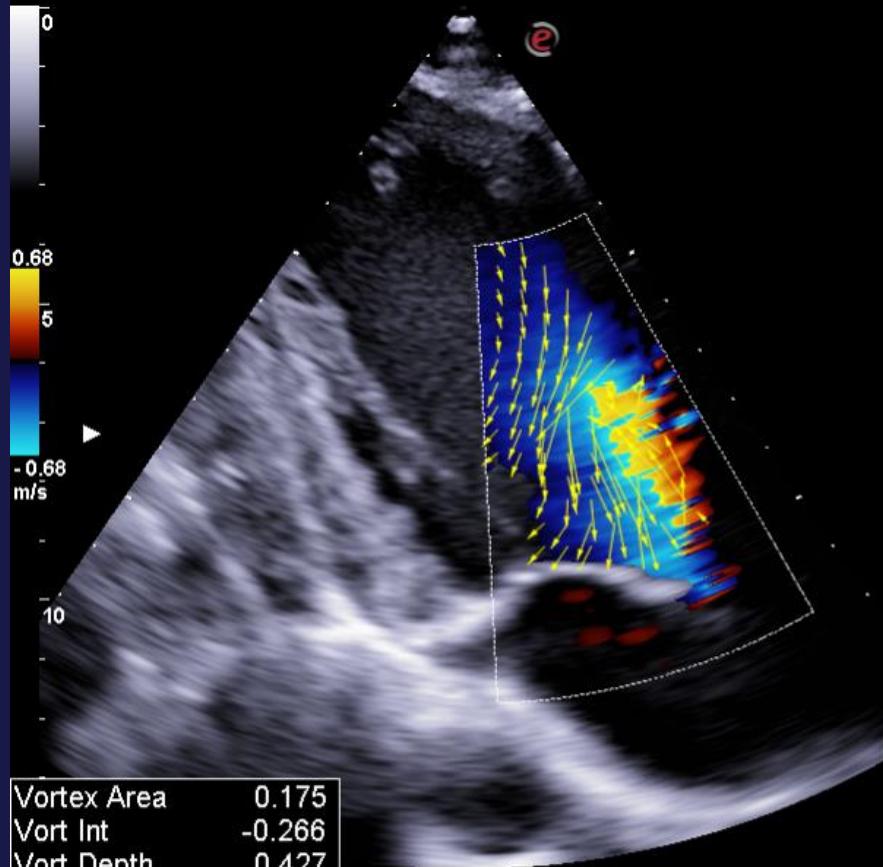
PX 1.5 CARDIO ADULTI

 B TEI D Gen-L 146 mm AG X/M +6/- CFM F 2.5 MHz G WF 3
 PRC 10/0/2/10 PRS 6 PRF 4.4 kHz PRC M/2 PRS 5

08/Sep/2021 11:35:45

 P 100% MI 1.1
 TIS 1.1

HR 72

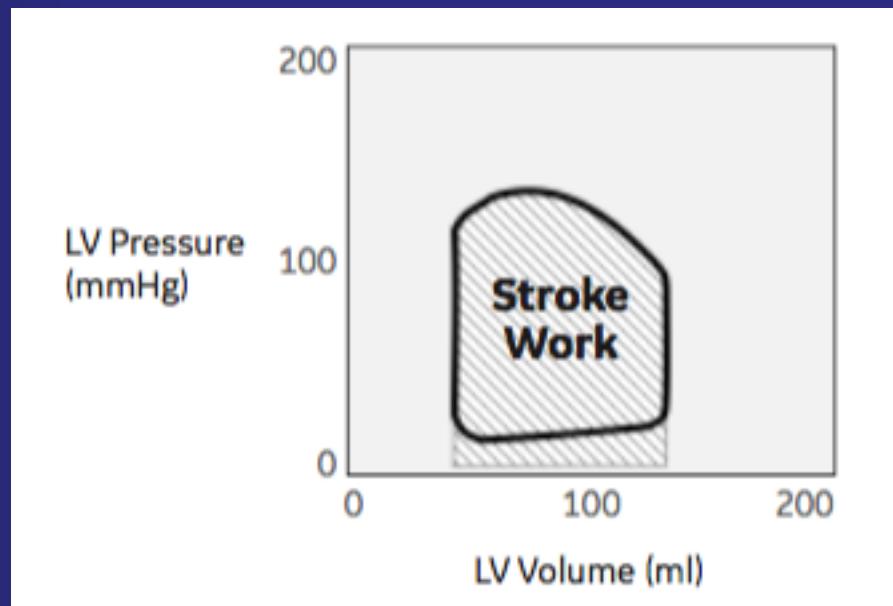
 -7.89
 [cm²/s]
 7.89


Vortex Area	0.175
Vort Int	-0.266
Vort Depth	0.427
Vort Length	0.41
Energy Diss	0.867
Vort Fluct	0.815
Kin En Fluct	0.987
Sh Str Fluct	-0.479
F Force Prm	0.513
Fl Force Ang	45.753

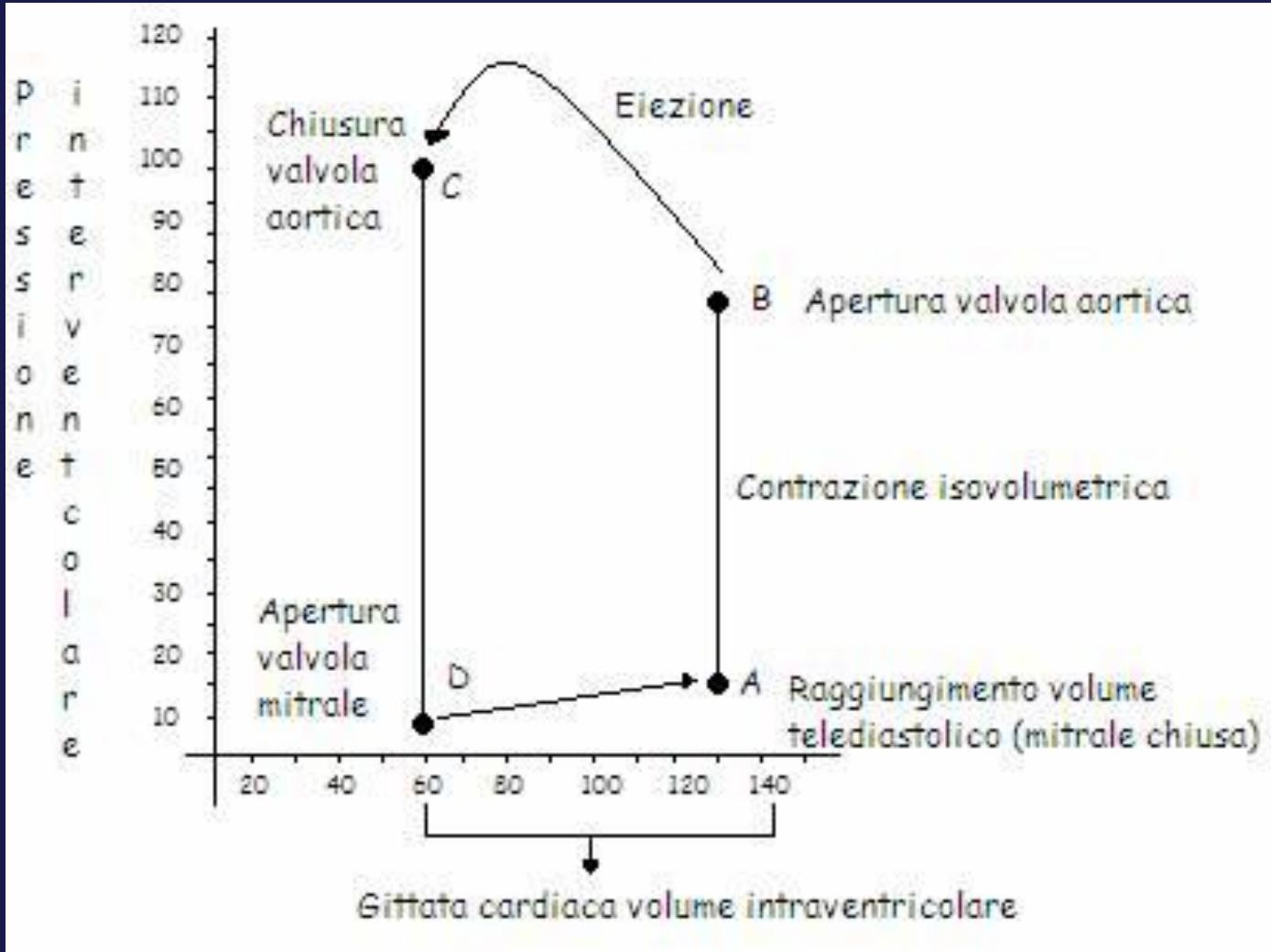


Pressure-Volume Loop

- As the heart is pumping blood into the circulatory system it is performing work on the blood for every beat. This work is often denoted the stroke work. The stroke work can be explained as the **area of the pressure-volume loop**

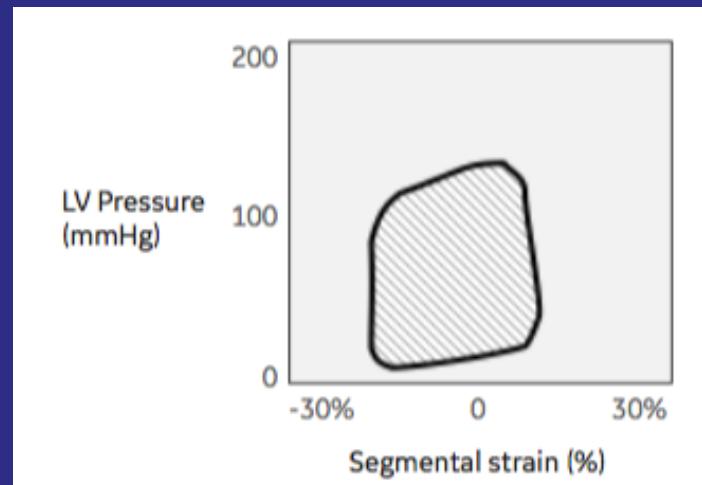


Pressure-Volume Loop



Strain – LV Pressure Area

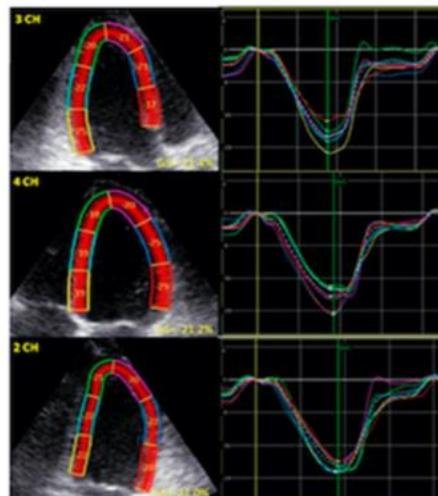
- The segmental strain – LV pressure area provides a surrogate for the work performed by each segment, as LV pressure does not fully explain the force developed by each segment.



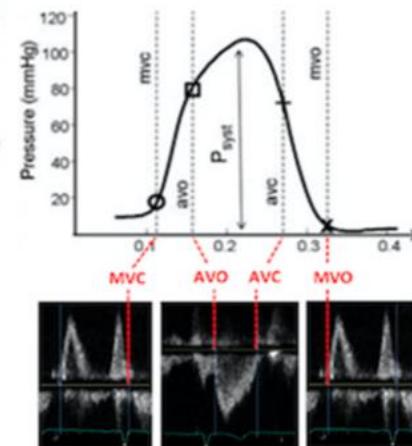
Review

Myocardial Work by Echocardiography: Principles and Applications in Clinical Practice

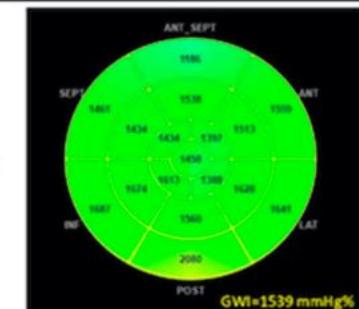
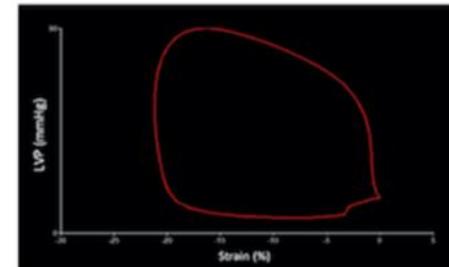
Federica Ilardi ^{1,2,*}, Antonello D'Andrea ^{3,4}, Flavio D'Ascenzi ⁵, Francesco Bandera ⁶, Giovanni Benfari ⁷, Roberta Esposito ^{1,2}, Alessandro Malagoli ⁸, Giulia Elena Mandoli ⁵, Ciro Santoro ¹, Vincenzo Russo ³, Mario Crisci ⁹, Giovanni Esposito ¹, Matteo Cameli ⁵ and on behalf of the Working Group of Echocardiography of the Italian Society of Cardiology (SIC) ⁺



Estimated LV Pressure Curve



Myocardial Work Indices

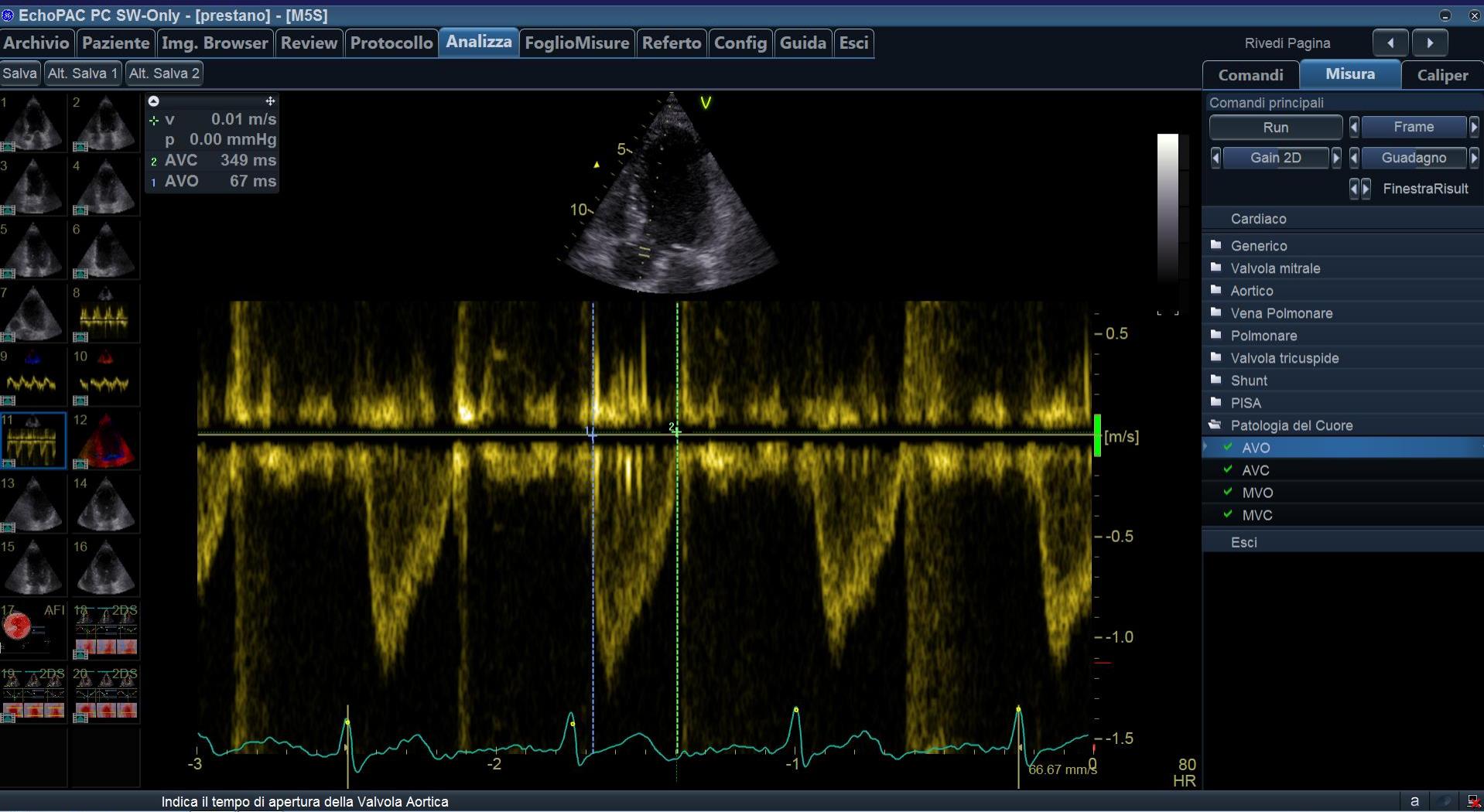


Assessment of valve events by echocardiography



Global Longitudinal Strain

Myocardial Work: Metodologia

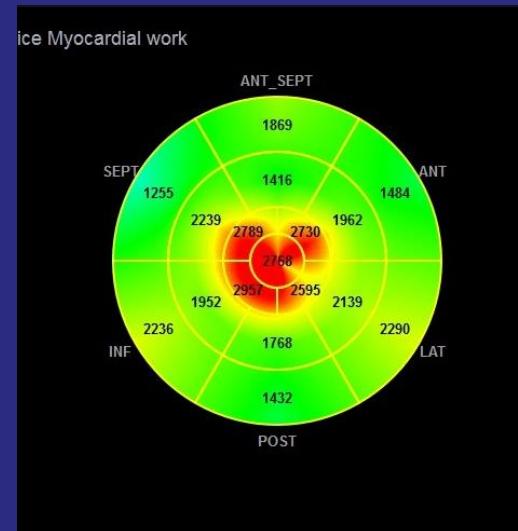


Myocardial Work: Metodologia



MYOCARDIAL WORK

- A bull's eye with the segmental myocardial work values and global values are provided. Work is evaluated from Mitral Valve Closure (MVC) to Mitral Valve Opening (MVO), in other words: mechanical systole including isovolumetric relaxation (IVR).



Constructive work: work performed by a segment during shortening in systole adding negative work during lengthening in IVR



- **Wasted work:** negative work performed by a segment during lengthening in systole adding work performed during shortening in IVR



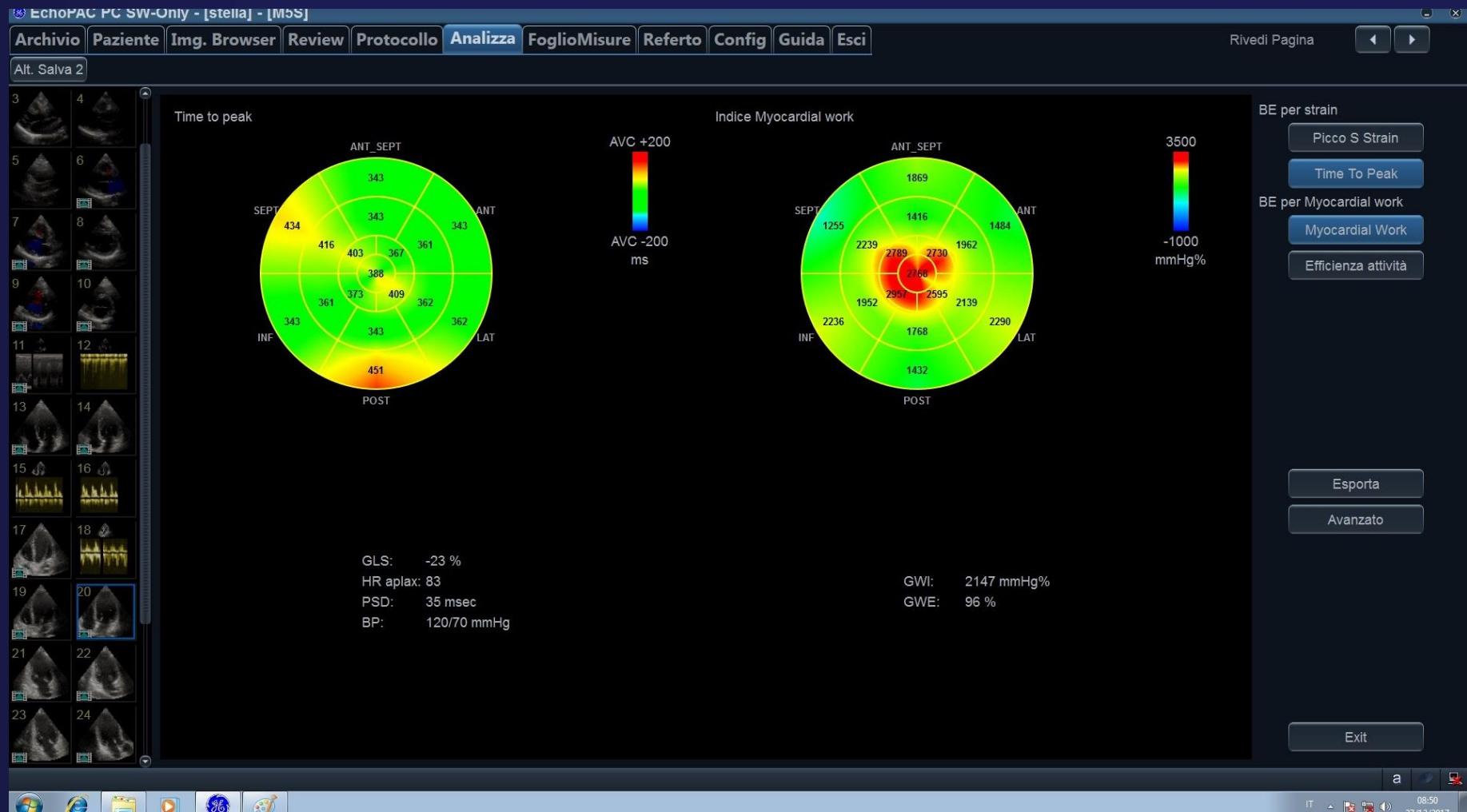
- **Myocardial work efficiency:** constructive work divided by the sum of constructive and wasted work (0-100%)



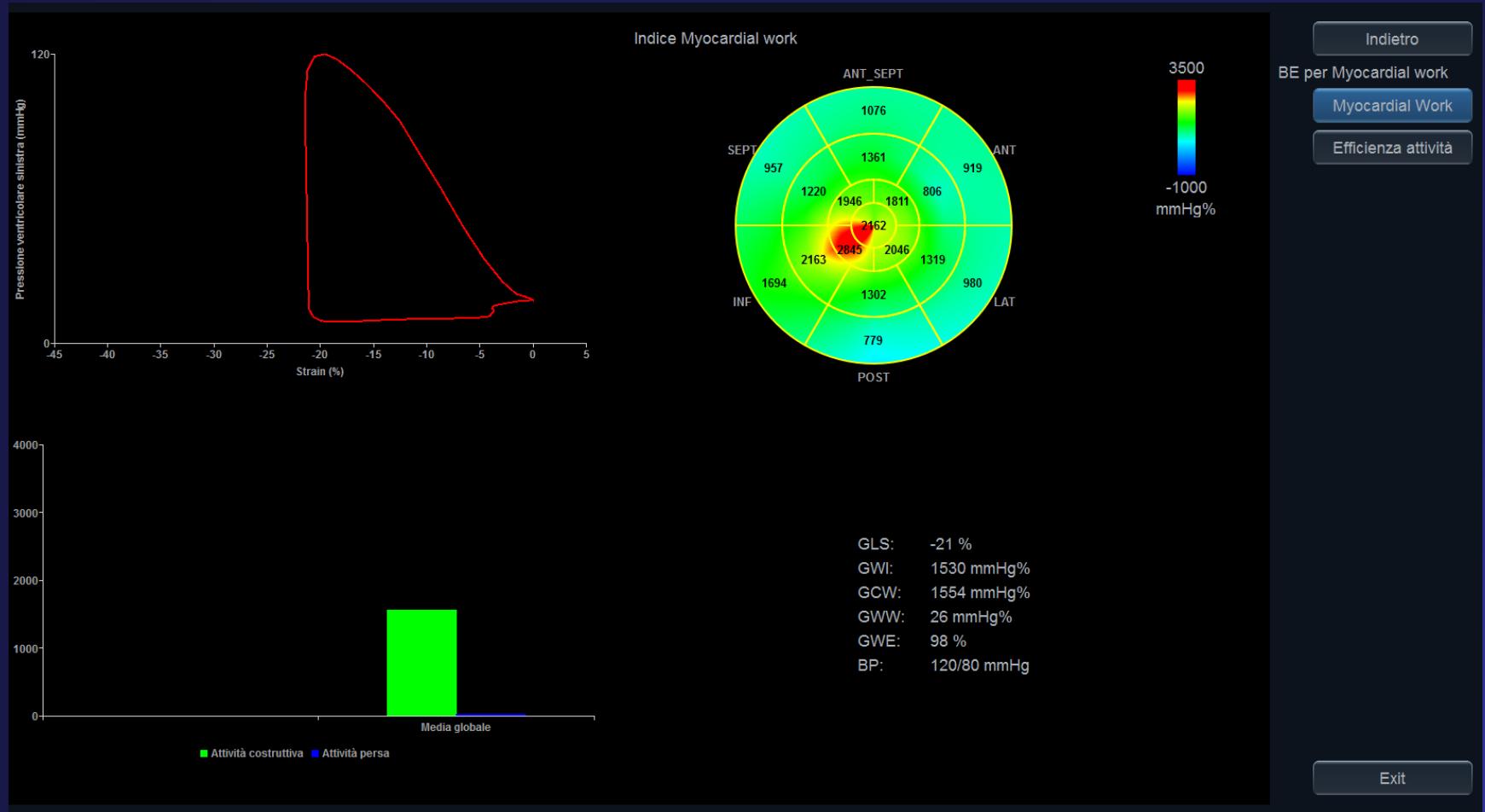
MYOCARDIAL WORK

- **Myocardial Work values**
- Assuming normal systolic pressure (120 mmHg) and normal global longitudinal strain (-20%) Myocardial Work will be approximately **2400 mmHg%**.
- With all segments contracting during systole the **Myocardial Work Efficiency will be 100%**.

SANO SEDENTARIO



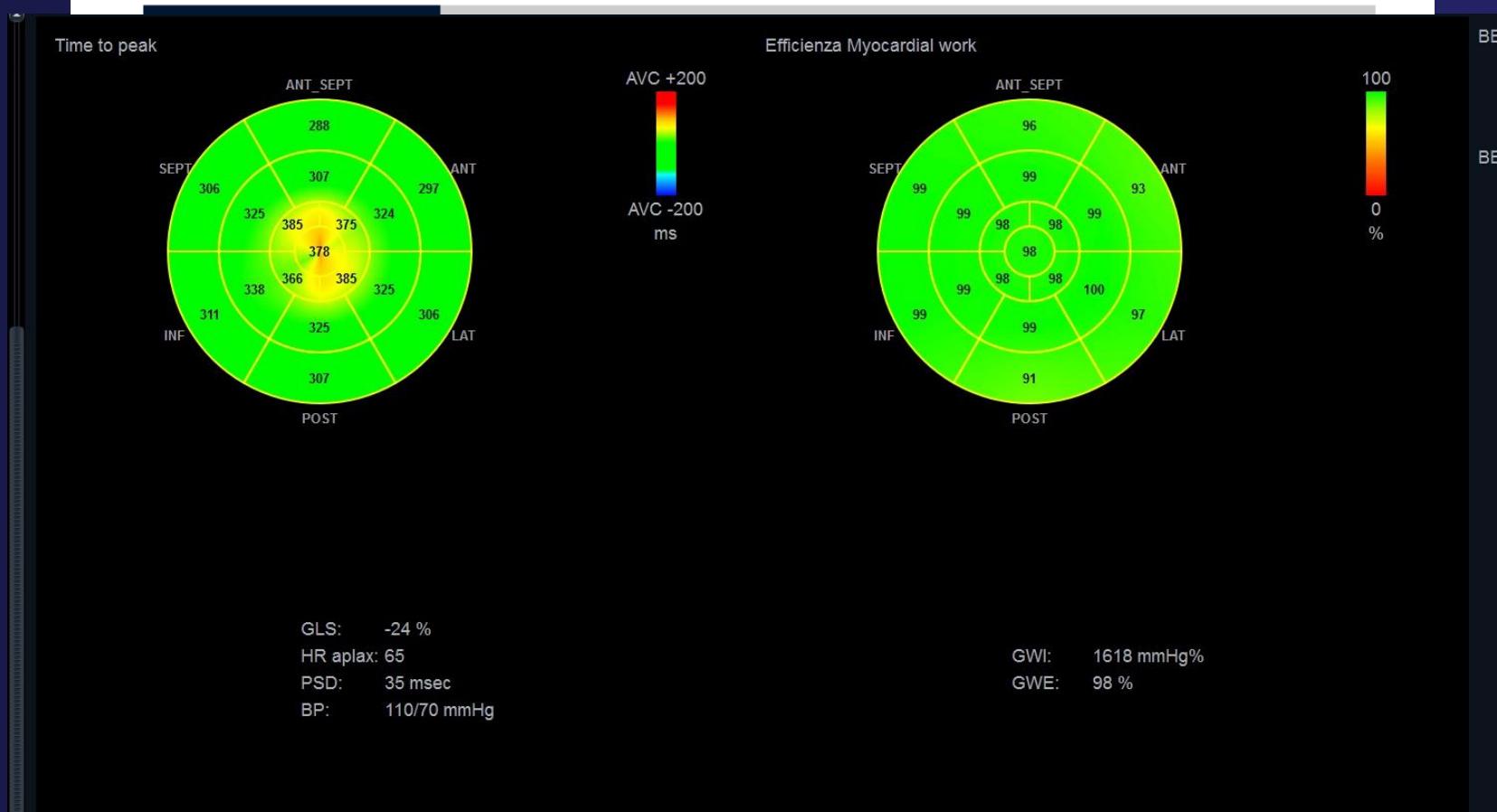
SANO SEDENTARIO



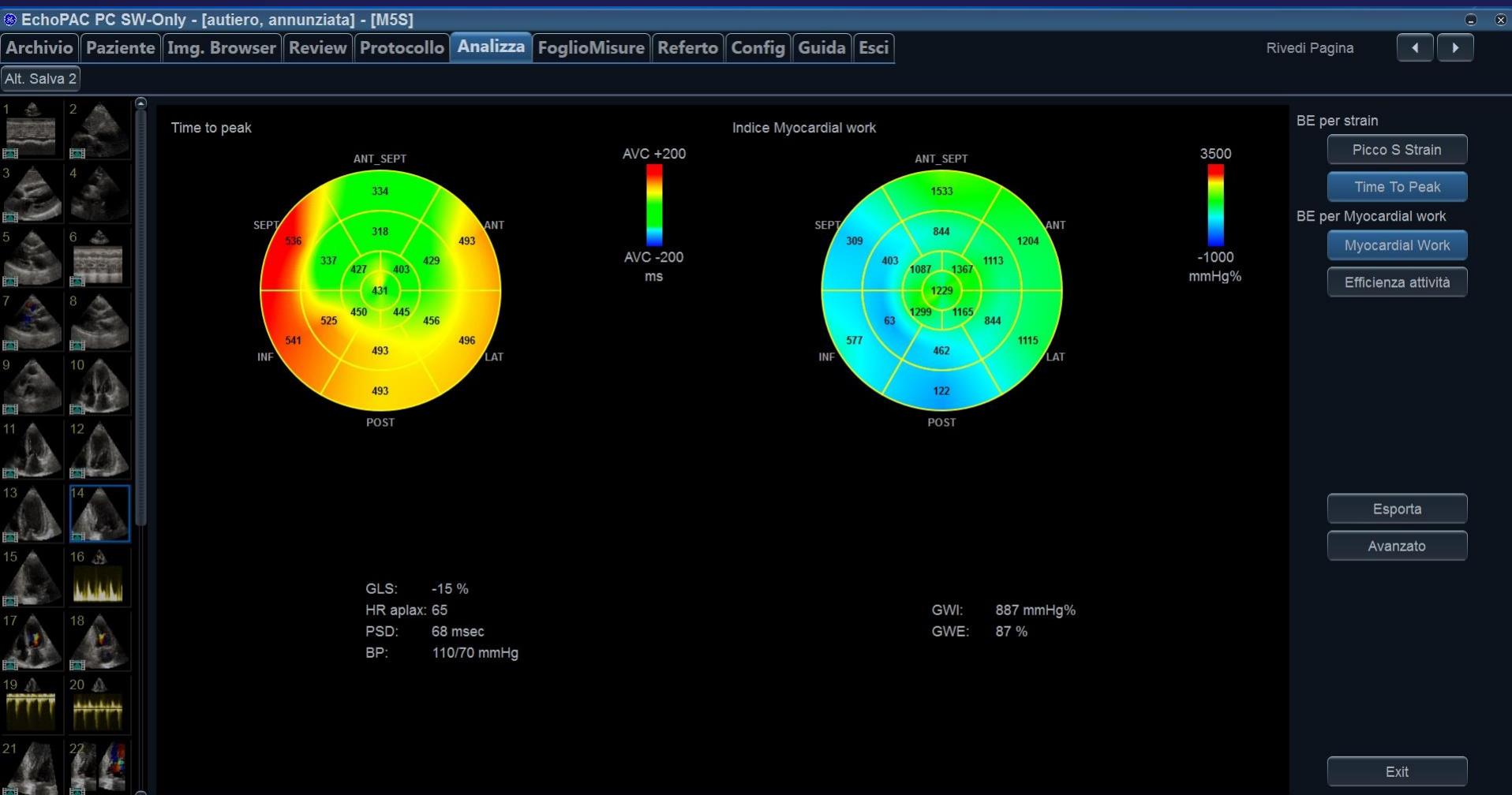
Myocardial Work Efficiency in Physiologic Left Ventricular Hypertrophy of Power Athletes

Antonello D'Andrea^{1,2}, Andreina Carbone², Juri Radmilovic¹, Vincenzo Russo², Dario Fabiani², Marco Di Maio³, Federica Iardi⁴, Francesco Giallauria⁵, Adriano Caputo², Teresa Cirillo¹, Eduardo Bossone⁶, Eugenio Picano⁷

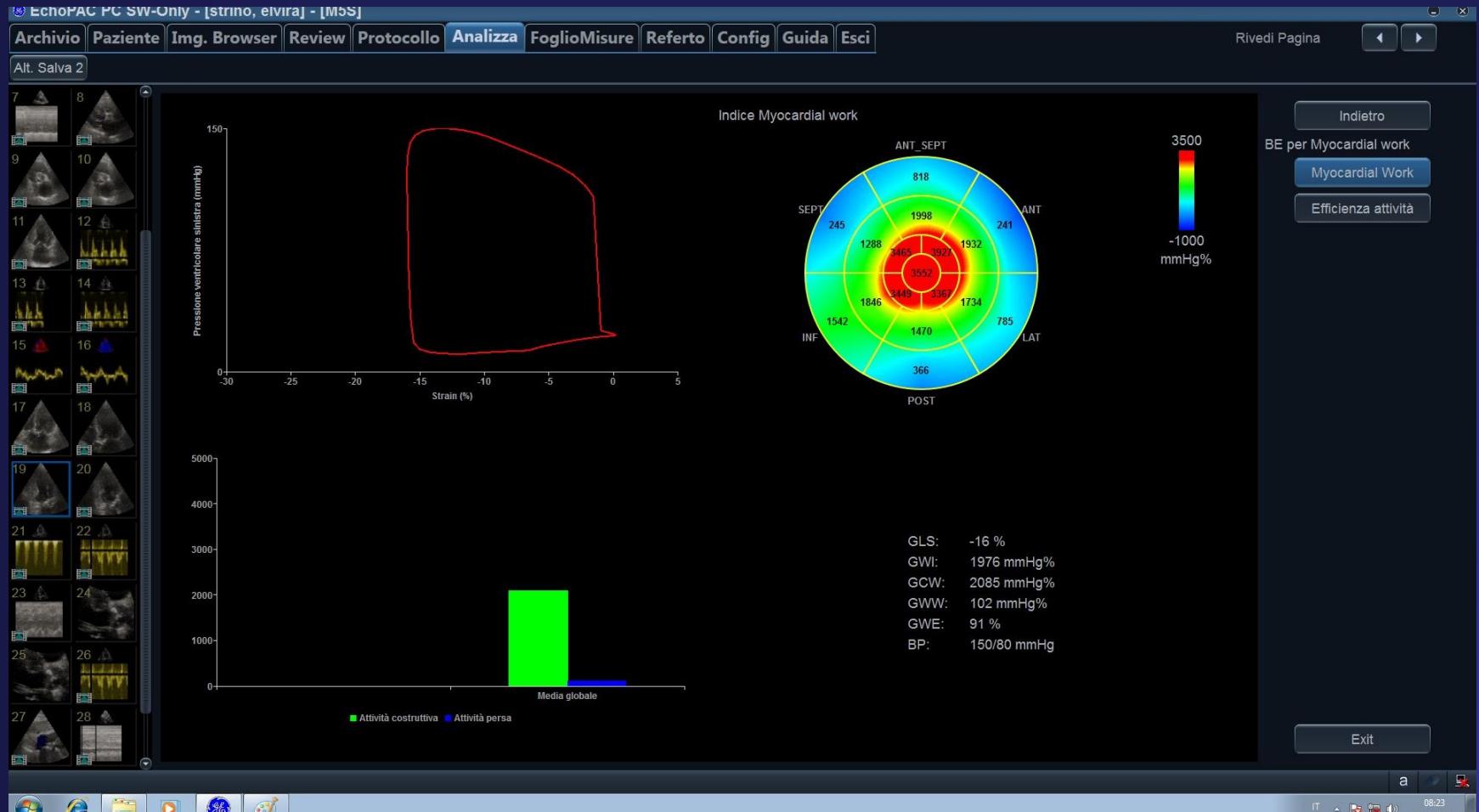
¹Department of Cardiology, Unit of Cardiology and Intensive Coronary Care, "Umberto I" Hospital, Nocera Inferiore, ²Department of Translational Medical Sciences, Unit of Cardiology, University of Campania "Luigi Vanvitelli", Monaldi Hospital, Naples, Departments of ⁴Cardiology and ⁵Internal Medicine, University of Naples Federico II, ⁶Department of Cardiology, UOC Cardiologia Riabilitativa, Cardarelli Hospital, Naples, ³Department of Cardiology, Unit of Cardiology, "Hospital, Eboli (ASL Salerno), Salerno, ⁷Department of Cardiology, Institute of Clinical Physiology, CNR, Pisa, Italy



HCM



STENOSI AORTA CON BUONA FE



A novel clinical method for quantification of regional left ventricular pressure–strain loop area: a non-invasive index of myocardial work

**Kristoffer Russell^{1,2,3}, Morten Eriksen^{1,3}, Lars Aaberge^{2,3}, Nils Wilhelmsen²,
Helge Skulstad^{1,2}, Espen W. Remme^{1,3,4}, Kristina H. Haugaa^{1,2,3}, Anders Opdahl^{1,2},
Jan Gunnar Fjeld⁵, Ola Gjesdal^{1,2}, Thor Edvardsen^{1,2,3}, and Otto A. Smiseth^{1,2,3*}**

¹Institute for Surgical Research, Oslo University Hospital, Rikshospitalet, University of Oslo, Oslo, Norway; ²Department of Cardiology, Oslo University Hospital, Rikshospitalet, University of Oslo, N-0027 Oslo, Norway; ³Center for Cardiological Innovation, Oslo University Hospital, University of Oslo, Oslo, Norway; ⁴KG Jebsen Cardiac Research Centre, Oslo, Norway; and ⁵Department of Radiology and Nuclear Medicine, Oslo University Hospital, University of Oslo, Oslo, Norway

Received 9 November 2011; revised 22 December 2011; accepted 16 January 2012; online publish-ahead-of-print 6 February 2012

VALIDAZIONE Press. INVASIVA - SONOMICROMETRIA

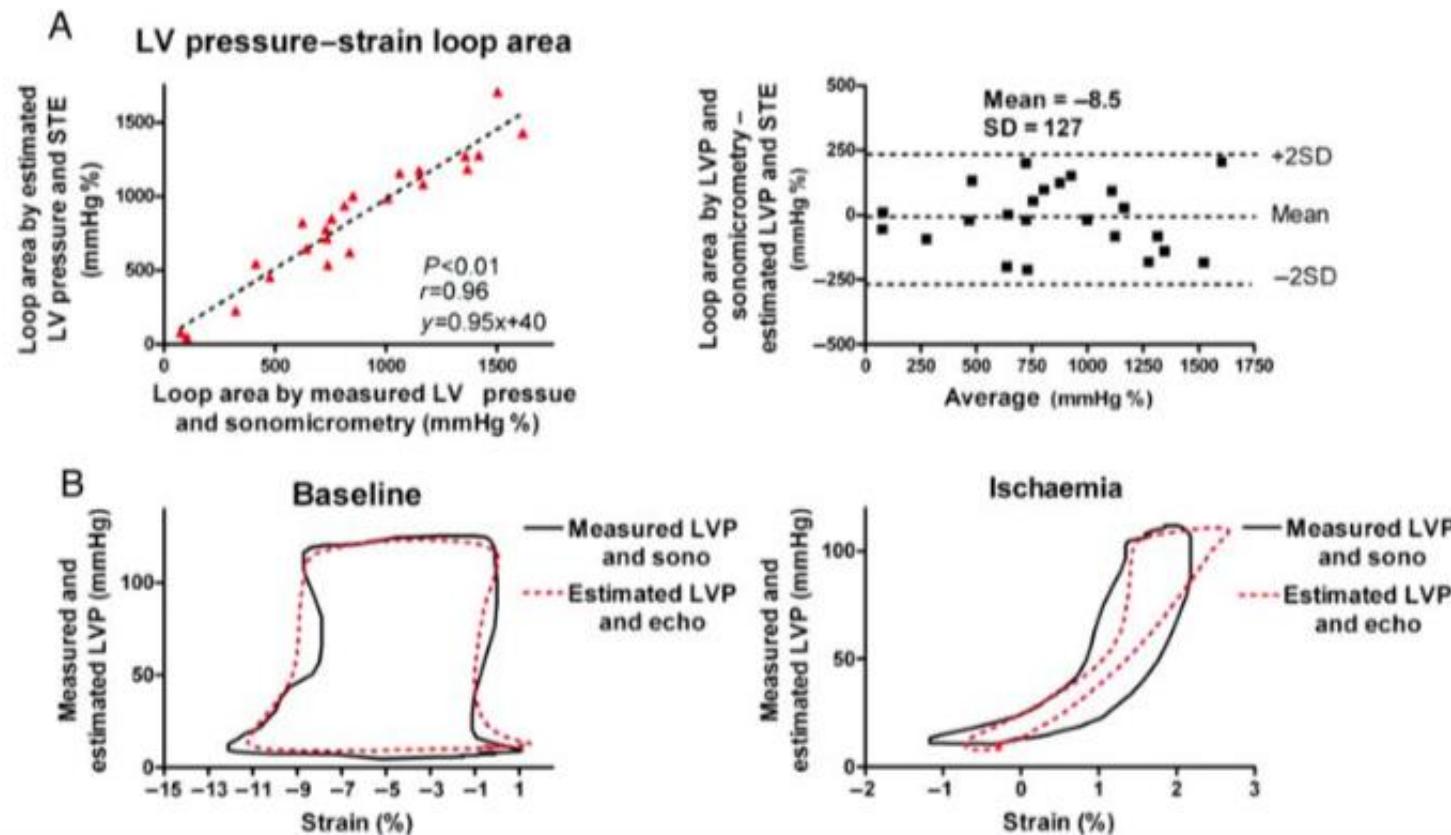
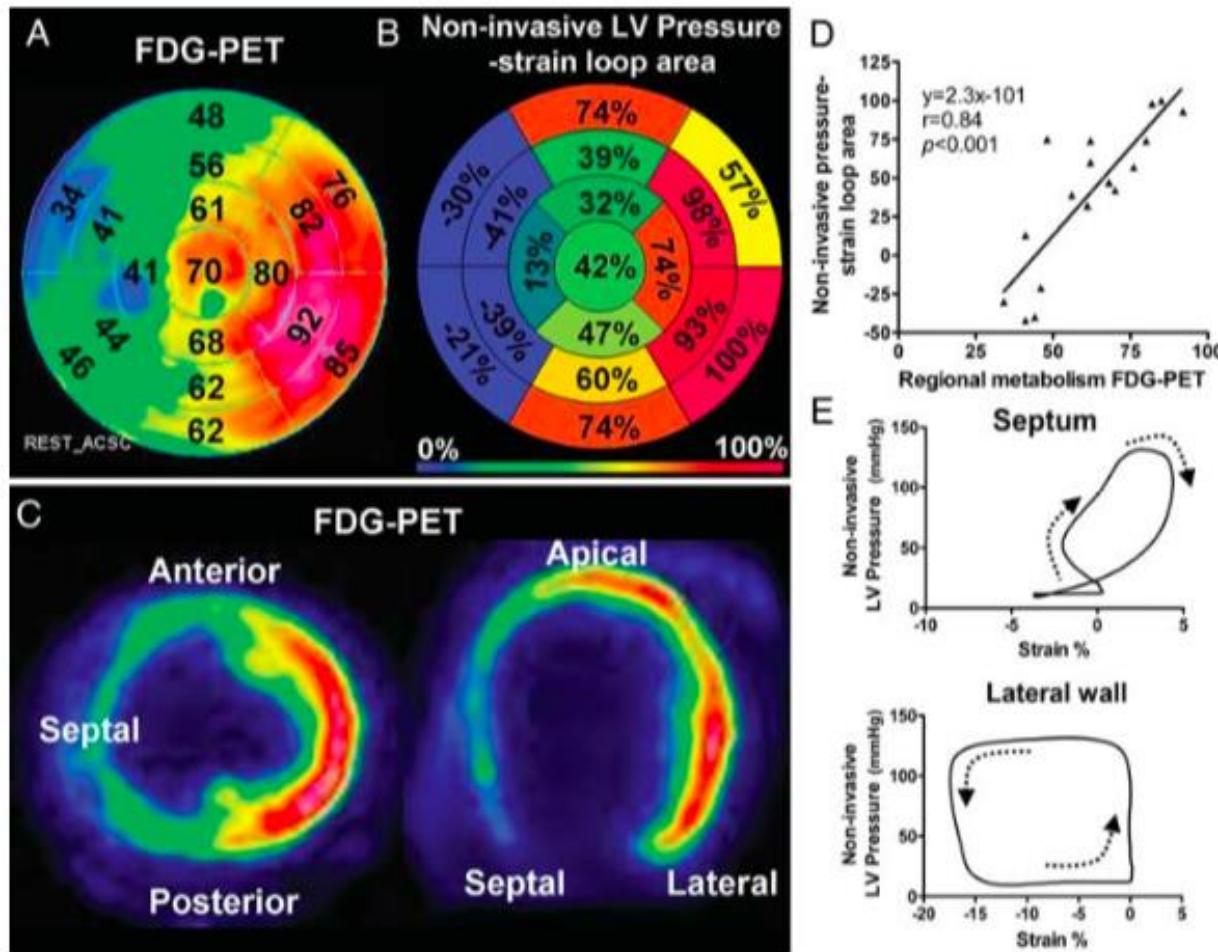


Figure 3 (A) Correlation and agreement between area of the pressure-strain loops by estimated left ventricular pressure and speckle tracking echocardiography vs. measured left ventricular pressure and sonomicrometry. (B) Representative traces showing pressure-strain loops by left ventricular pressure and sonomicrometry (black line) vs. estimated left ventricular pressure and echocardiography (red dotted line). Measurements during baseline (left panel) and ischaemia (right panel). Sono, sonomicrometry; echo, speckle tracking echocardiography.

CORRELAZIONE WORK – METABOLISMO PET FDG



Value of Myocardial Work Estimation in the Prediction of Response to Cardiac Resynchronization Therapy

Elena Galli, MD, PhD, Christophe Leclercq, MD, PhD, Maxime Fournier, MD, Arnaud Hubert, MD, Anne Bernard, MD, PhD, Otto A. Smiseth, MD, PhD, Philippe Maisel, MD, Egil Samset, PhD, Alfredo Hernandez, PhD, and Ewan Drael, MD, PhD, Reaser and Thor, Fosse; and Oslo, Norway

Background: Cardiac resynchronization therapy (CRT) in heart failure is plagued by too many nonresponders. The aim of the present study is to evaluate whether the estimation of myocardial performance by pressure-strain loops (PSLs) is useful for the selection of CRT candidates.

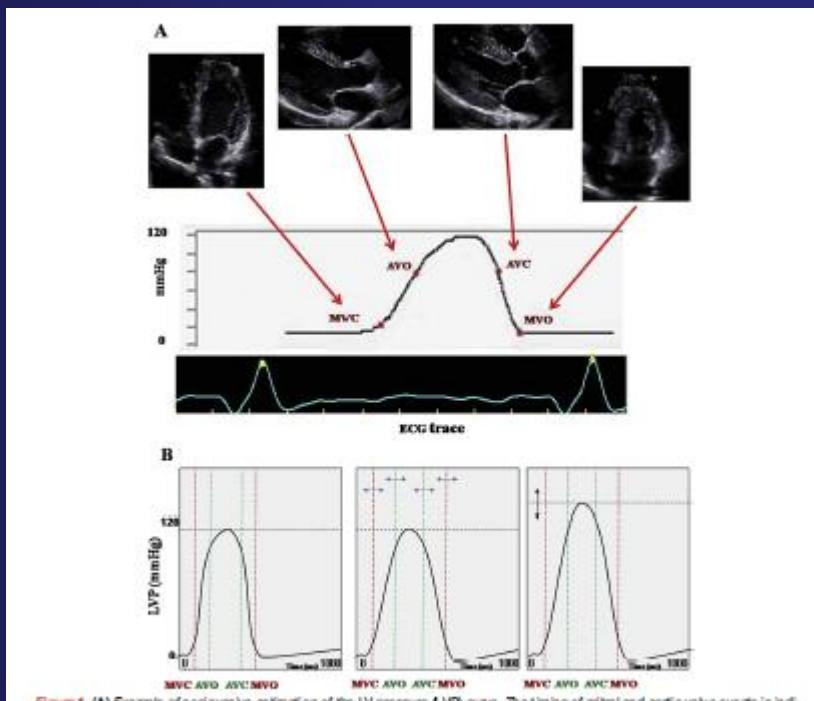
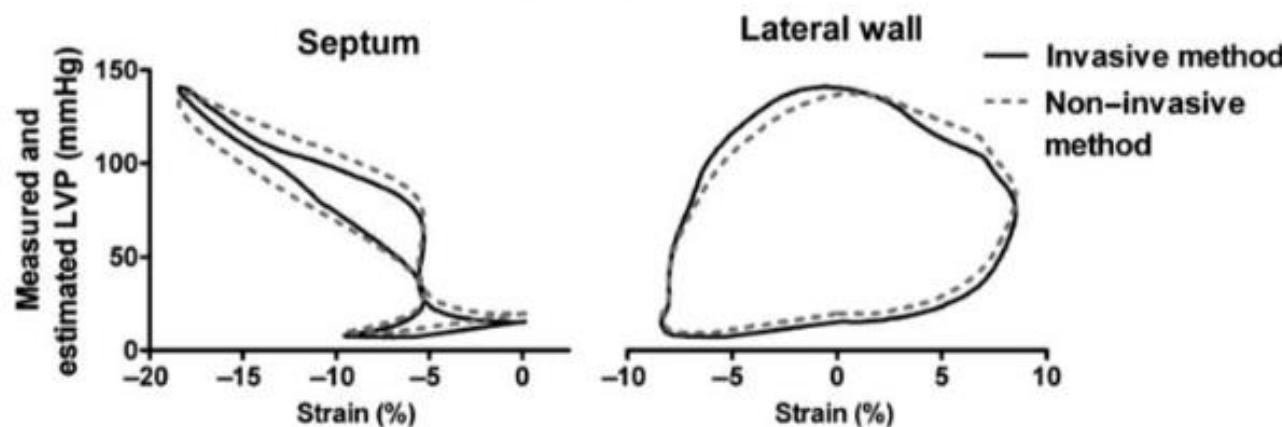


Figure 1. (A) Example of noninvasive estimation of the LV pressure (LVP) curve. The timing of mitral and aortic valve events is indicated. (B) Examples of variation of the LVP pressure curve with measured durations of cardiac phases and with adjustment of peak pressure up according to cuff pressure. Left: Basal pressure trace. Middle: Valvular event times are modified (vertical lines). Right: Pressure is increased. (C) Representative traces showing PSLs measured in the basal anteroseptal and basal inferoseptal segments in a CRT responder before (upper) and after CRT (lower). AVO, Aortic valve closure; ATC, aortic valve opening; MVC, mitral valve closure; MVO, mitral valve opening.

CRT OFF

Clinical data

CRT OFF



CRT ON

CRT ON

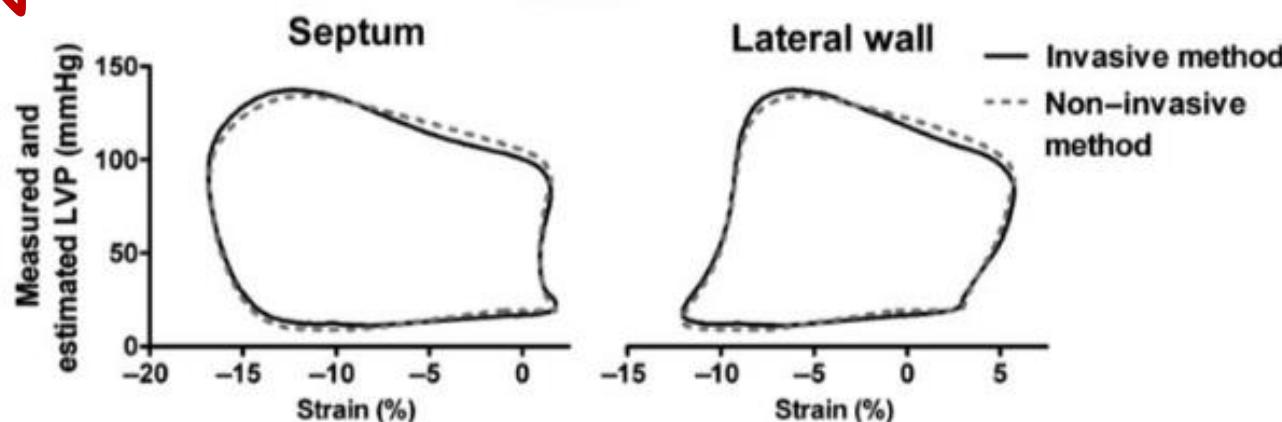


Figure 6 Loop areas by left ventricular pressure and speckle-tracking echocardiography (solid line) vs. the non-invasive method by estimated left ventricular pressure and speckle-tracking echocardiography (dashed line), for a septal and lateral wall segment in a patient with the cardiac resynchronization therapy device turned on and off.

The addition of CW > 1,057 mm Hg% and WW > 384 mm Hg% to a baseline model including clinical, echocardiographic, and conventional dyssynchrony parameters significantly increased the model power to predict CRT response

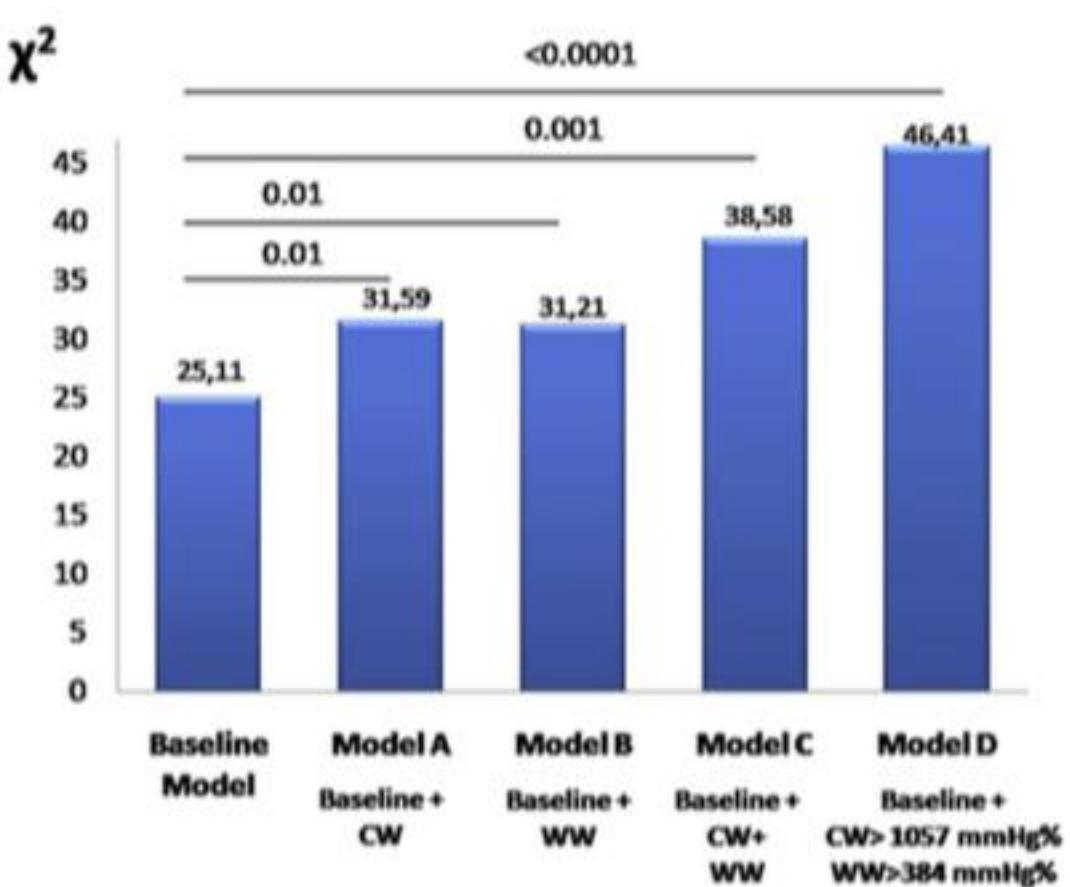
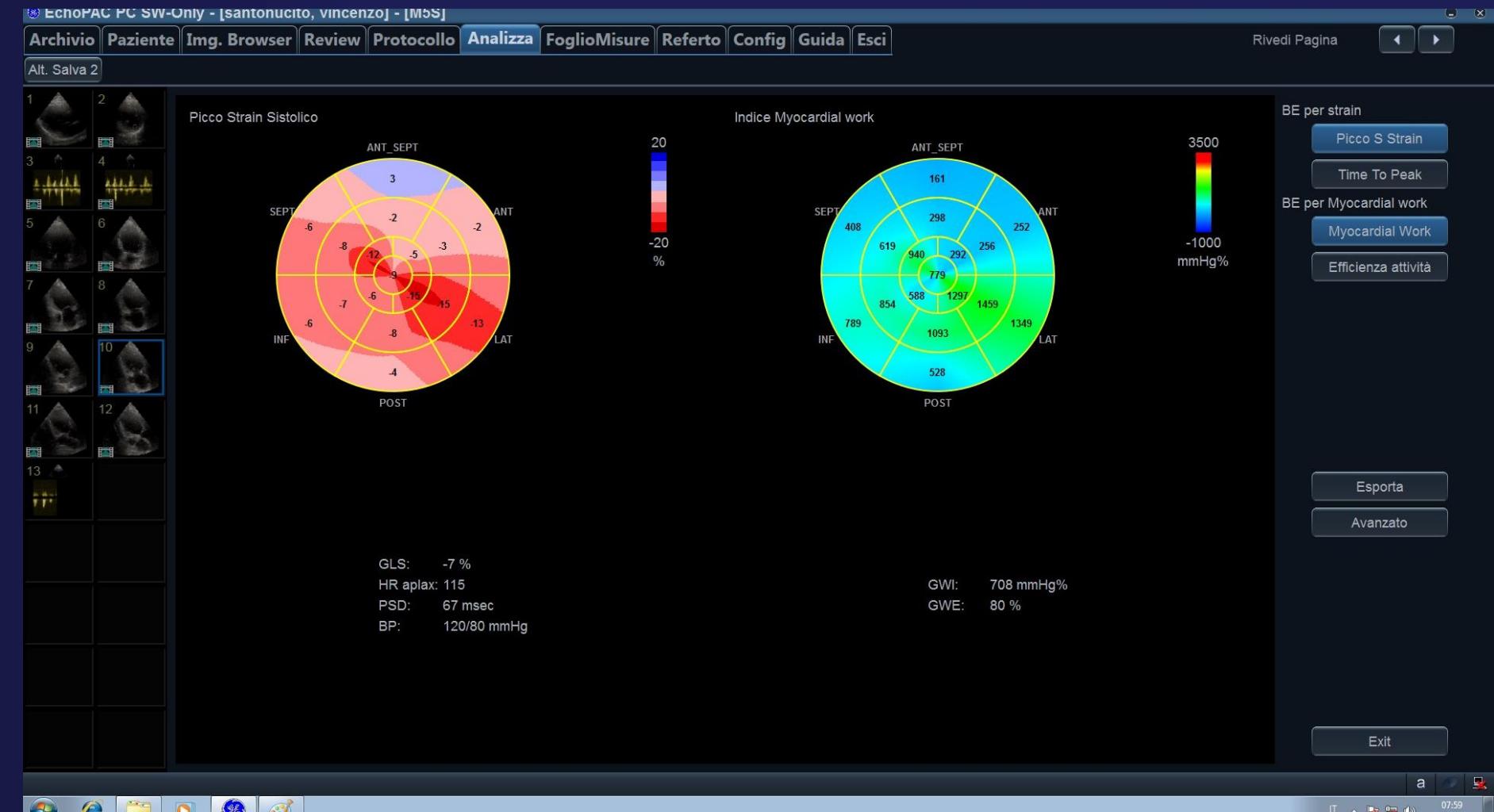


Table 4 Se, Sp, PPV, and NPV, in monoparametric and multiparametric approach to predict CRT positive response

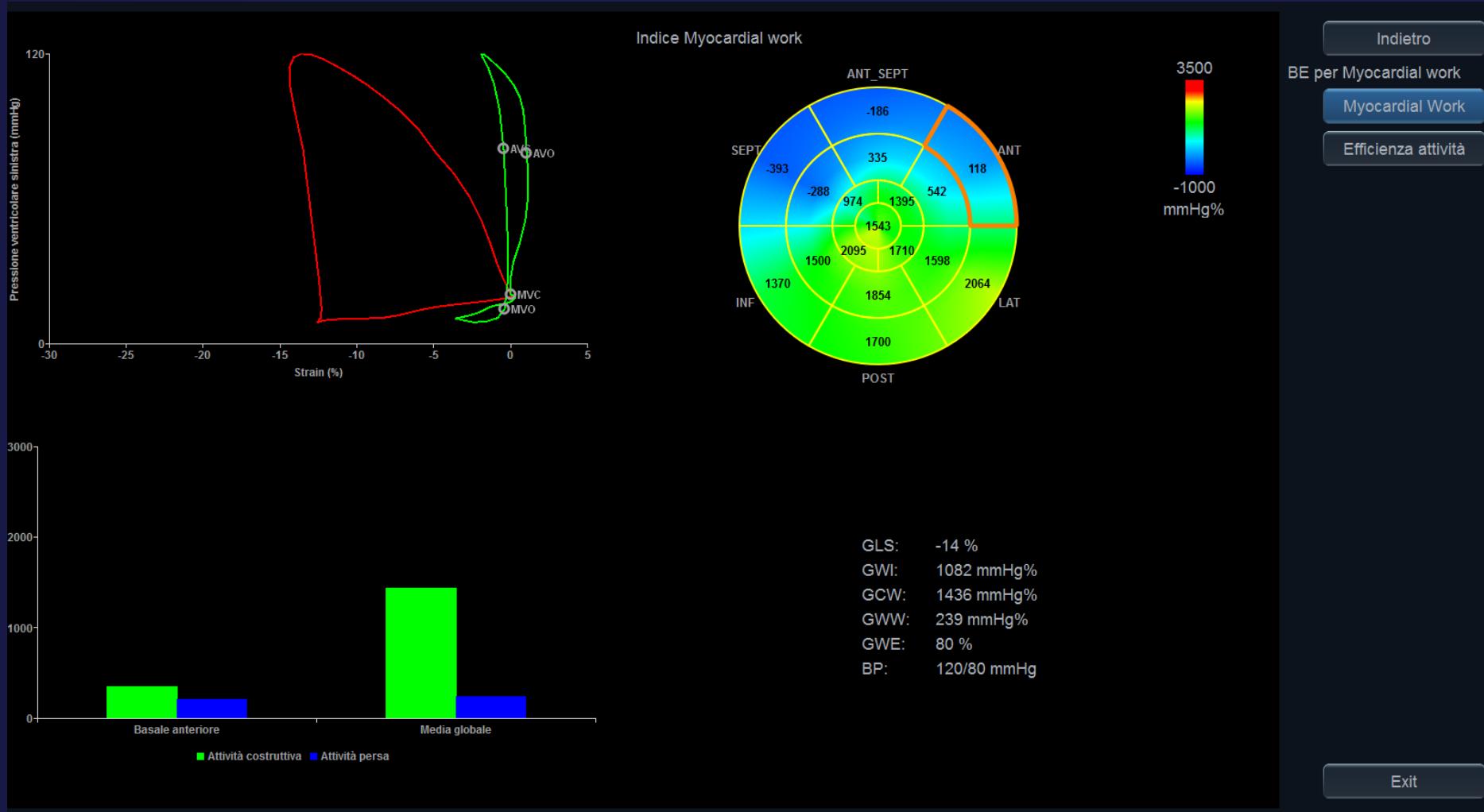
	Se	Sp	PPV	NPV	Accuracy
AVD	32	79	74	39	48
IVD	68	62	77	51	66
SIF	81	62	81	63	75
CW > 1,057 mmHg%	56	85	88	51	68
WW > 384 mm Hg%	40	94	93	48	59
AVD + IVD + SIF + CW > 1,057 mm Hg% + WW > 384 mm Hg%	6	100	100	37	39
CW > 1,057 mmHg% + WW > 384 mm Hg%	22	100	100	41	49

AVD, Atrioventricular dyssynchrony; IVD, interventricular-dyssynchrony. Data are percentages.

DILATATIVA CON BBS



BBS

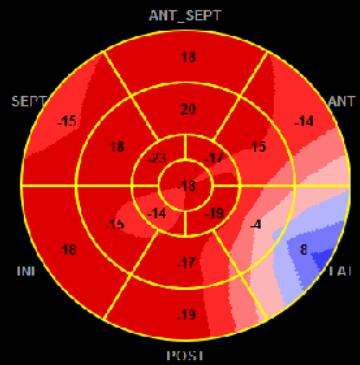


Ischemia Anteriore

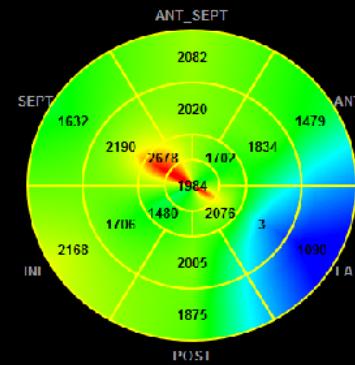


Ischemia-necrosi laterale

Picco Strain Sistolico



Indice Myocardial work



BE per strain

Picco S Strain

Time To Peak

BE per Myocardial work

Myocardial Work

Efficienza attività

GLS: -15 %

HR apiax: 65

PSD: 74 msec

BP: 130/80 mmHg

GWI: 1655 mmHg%

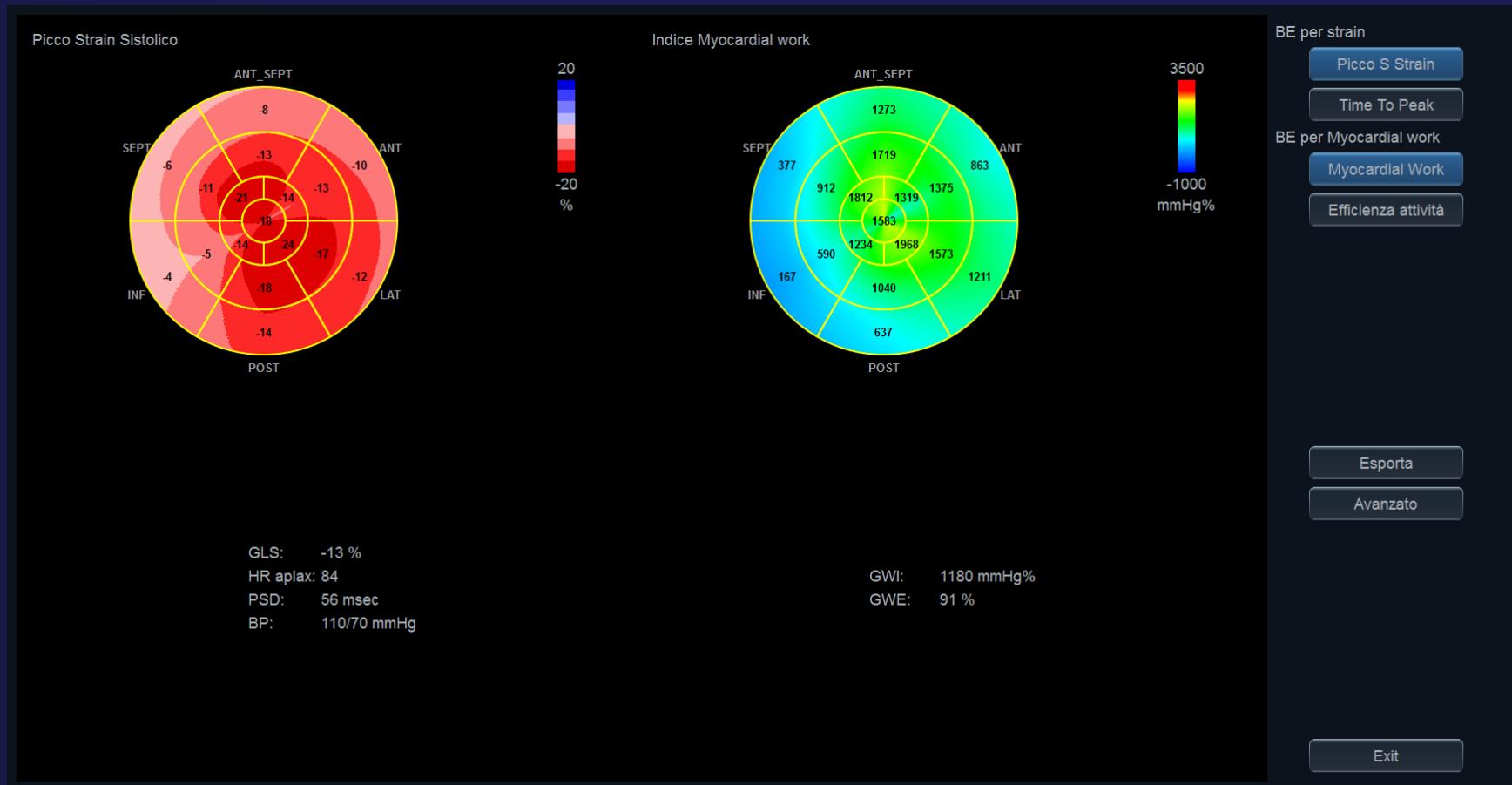
GWE: 85 %

Esporta

Avanzato

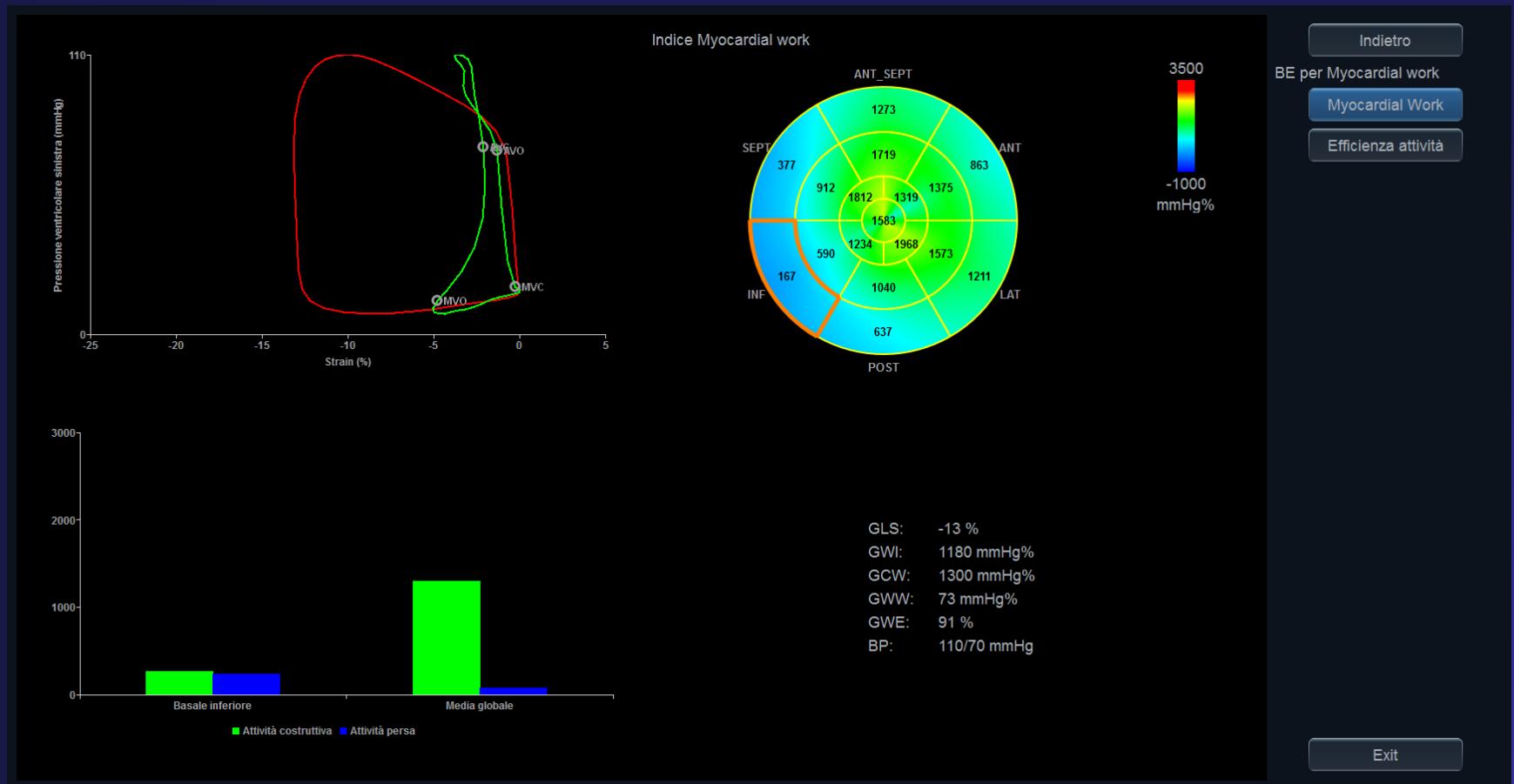
Exit

Myocardial Work: Metodologia



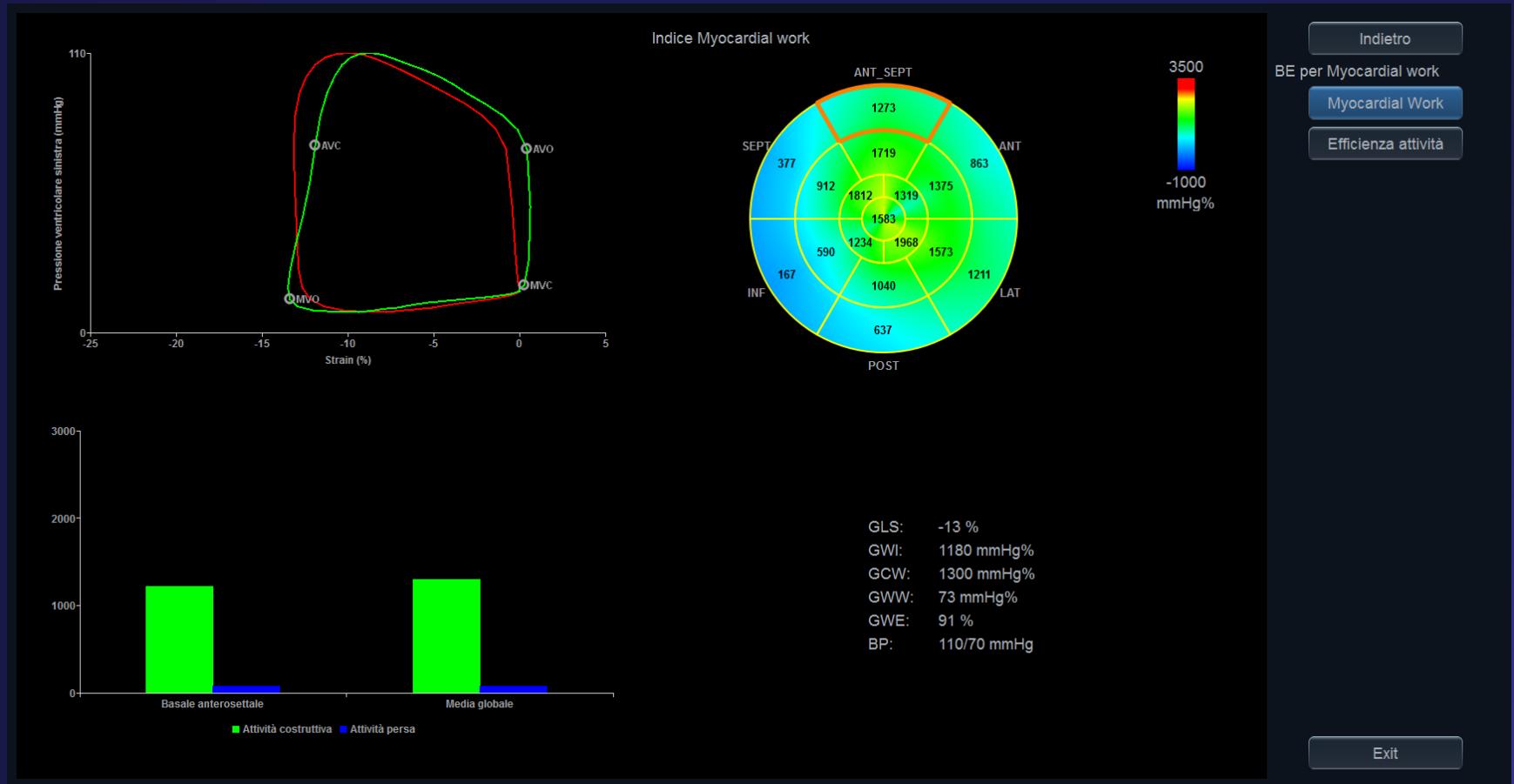
SCA Inferiore

Myocardial Work: Metodologia



SCA Inferiore: sede necrosi

Myocardial Work: Metodologia



SCA Inferiore: zona remota



European Heart Journal – Cardiovascular Imaging

doi:10.1093/ehjci/jev078

Non-invasive myocardial work index identifies acute coronary occlusion in patients with non-ST-segment elevation-acute coronary syndrome

Espen Boe^{1,2,3}, Kristoffer Russell^{1,2,3}, Christian Eek^{2,3}, Morten Eriksen^{1,3}, Espen W. Remme^{1,2,3,4}, Otto A. Smiseth^{1,2,3,4}, and Helge Skulstad^{1,2,3*}

Myocardial Work and NSTEMI

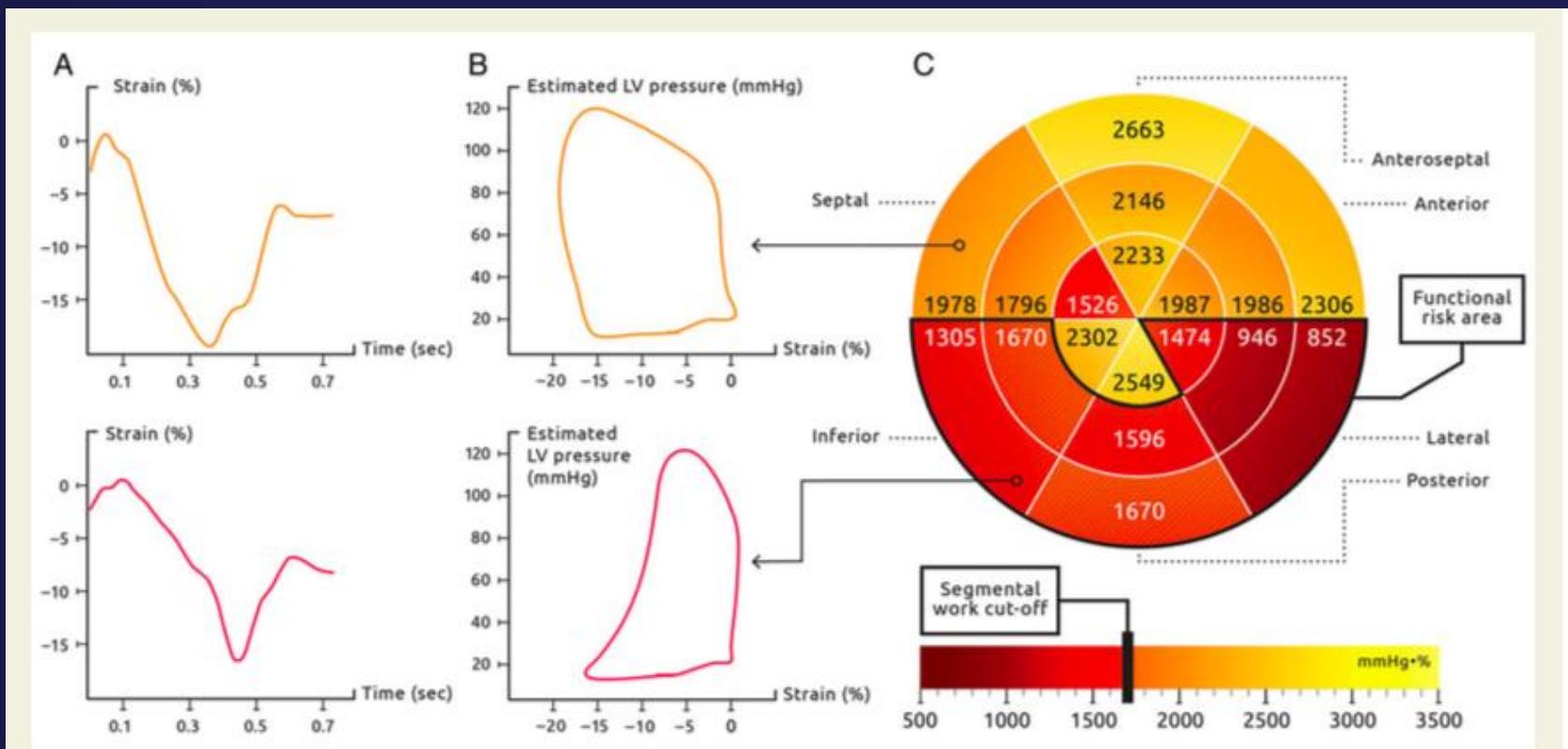
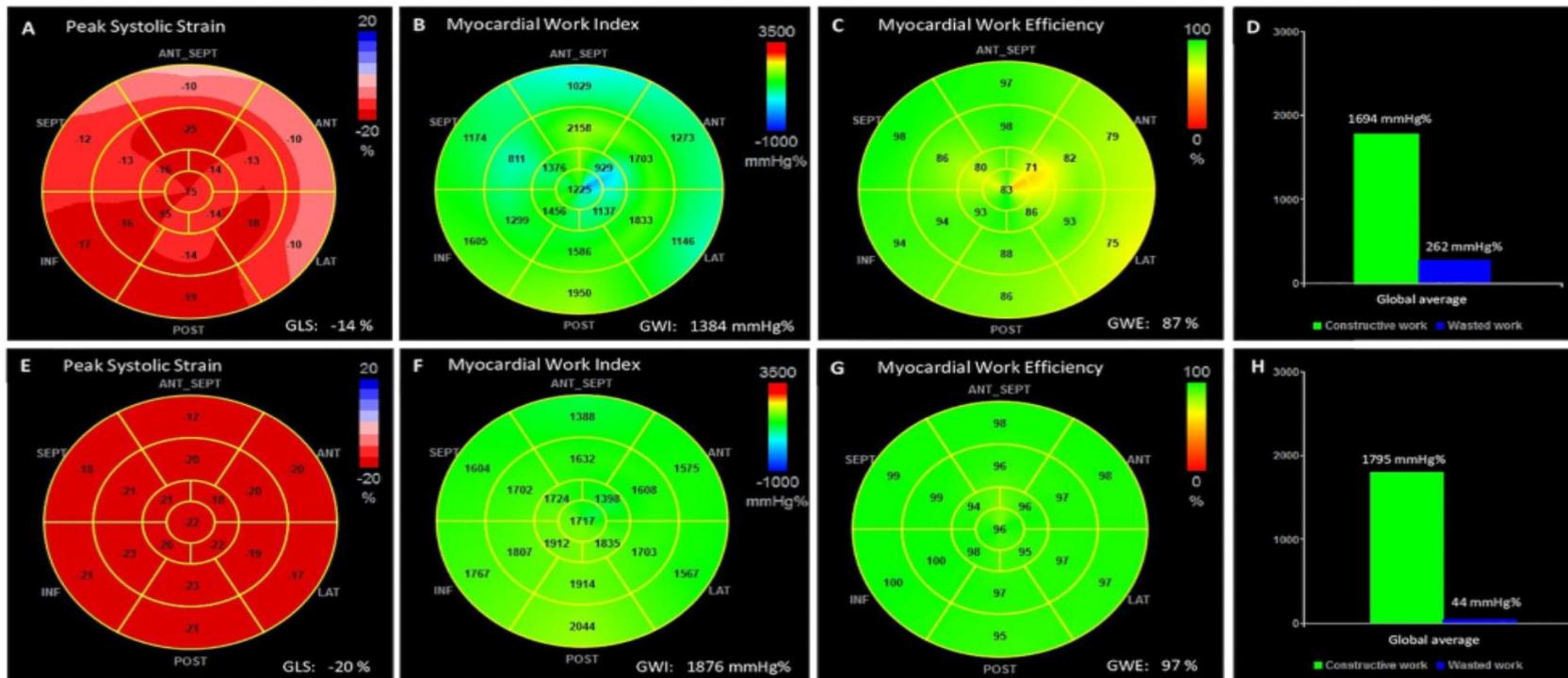


Figure 2 Data from a patient with an acute occlusion in the right coronary artery. (A) Two myocardial strain curves from one normal (yellow; top) and one dysfunctional (red; bottom) segment. (B) Two estimated LV pressure-strain loops from the same patient. The top left LV pressure-strain loop (yellow) shows a normal segment with a MWI of 1978 mmHg %. The bottom left LV pressure-strain loop (red) shows a dysfunctional segment, within the functional risk area, with a MWI of 1305 mmHg %. (C) A bull's eye plot showing segmental work in an 18-segment model. Eight of the segments had impaired systolic function with a MWI of < 1700 mmHg % (segmental work cut-off). The functional risk area comprises these segments (shaded) and is marked by the black line. (D) Coronary angiogram revealed an occluded right coronary artery (black arrow, top) successfully treated with percutaneous coronary intervention (bottom).

Impaired myocardial work efficiency in heart failure with preserved ejection fraction

Antonello D'Andrea ^{1,2*}, Federica Ilardi³, Flavio D'Ascenzi⁴, Francesco Bandera⁵, Giovanni Benfari⁶, Roberta Esposito³, Alessandro Malagoli⁷, Giulia Elena Mandoli⁴, Ciro Santoro³, Vincenzo Russo¹, Michele D'Alto¹, and Matteo Cameli⁴; On Behalf of Working Group of Echocardiography of the Italian Society of Cardiology (SIC)



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Table 5 Clinical and echocardiographic data associated with oxygen uptake (peak VO_2) during physical effort in HFrEF patients

Type of variables	Model R ²	P-value	Variables selected (beta coefficient; 95% CI; P-value)
Clinical	4.3	<0.01	NT-proBNP (-0.40; -0.22 to 0.55; <0.01)
Clinical + standard echo	13.8	<0.001	LV E/e' during ESE (-0.41; -0.28 to 0.49; P < 0.001) B lines during ESE (-0.30; -0.22 to 0.40; <0.01)
Clinical + standard echo + strain and work	19.7	<0.0001	Resting MWE (0.46; -0.35 to 0.52; <0.001)



Article

Effects of High Intensity Interval Training Rehabilitation Protocol after an Acute Coronary Syndrome on Myocardial Work and Atrial Strain

Antonello D'Andrea ^{1,2,*}, Andreina Carbone ¹, Federica Ilardi ³, Mario Pacileo ², Cristina Savarese ², Simona Sperlongano ¹, Marco Di Maio ⁴, Francesco Giallauria ³, Vincenzo Russo ¹, Eduardo Bossone ⁵ and Eugenio Picano ⁶

Table 5. Univariable analysis: Correlations between resting LV and LA echo indexes and functional parameters during effort in CR patients.

	Variable	R	p Value
LV EF	VO ₂ Peak	0.21	NS
	LV E/e' during ESE	-0.31	<0.05
	B lines during ESE	-0.2	NS
LV GLS	VO ₂ Peak	-0.40	<0.01
	LV E/e' during ESE	0.33	<0.05
	B lines during ESE	0.23	NS
LA Strain	VO ₂ Peak	0.36	<0.01
	LV E/e' during ESE	-0.36	<0.01
	B lines during ESE	-0.28	<0.05
LV MWE	VO ₂ Peak	0.52	<0.001
	LV E/e' during ESE	-0.49	<0.001
	B lines during ESE	-0.39	<0.01

LV FE: left ventricular ejection fraction; GLS = global longitudinal strain; MWE: myocardial work efficiency. ESE = exercise stress echocardiography.

MYOCARDIAL WORK

- An **increase in afterload** may lead to reduced strain while the myocardial work may be preserved or even increased.
- Myocardial Work can be seen as a **less load dependent measure** of LV function than mere strain.

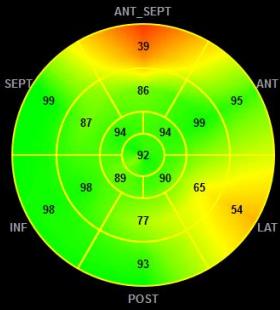
Se il lavoro nobilita l'uomo..



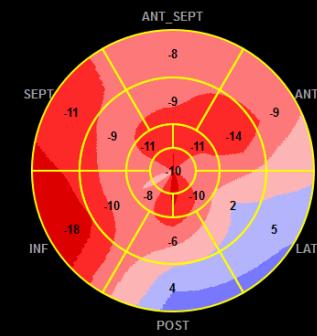
...IL MYOCARDIAL WORK NOBILITA..LO STRAIN!

*Una Sigaretta accorcia la vita di 2 minuti
Una bottiglia accorcia la vita di 4 minuti*

Efficienza Myocardial work



Effetto Strain Sistolico



PaginaInizio.com

Ma UN GIORNO DI LAVORO accorcia la vita Di 8 ORE !!!!!!!!